Holy Cowgirl



Count: 32 Wall: 4 Level: Improver / Intermediate

Choreographer: Janis Graves (USA) & Lindy Bowers (USA) - July 2014

Music: Holy Cowgirl (Dance Remix) - J Michael Harter

Intro: 32 counts

STEP, TOUCH, STEP, KICK, COASTER STEP, STEP, TOUCH

1-4 Step R fwd, touch L next to R, step back on L, kick R fwd 5&6 R coaster step (step back on R, together on L, step fwd on R)

7-8 Step fwd on L, touch R next to L

REPEAT FIRST SET EXCEPT TURN 1/4 TURN L, POINT

1-4 Step R fwd, touch L next to R, step back on L, kick R fwd

5&6 R coaster step

7-8 Step on L making ¼ turn L, point R toe to side (9:00)

Tag/restart here on walls #2 and #10 - add jazz box, restart

Restart here on wall #6

CROSS POINT, CROSS BEHIND POINT, SAILOR STEP, ROCK BACK, RECOVER

1-4 Cross R over L, point L toe to side; Cross L behind R, point R to side

5&6 Sailor step (R-L-R)

7-8 Rock back on L, recover on R

WALK FORWARD L-R, L MAMBO FORWARD, WALK BACK R-L, R ROCK, RECOVER, TOUCH

1-2 Walk forward L-R

3&4 Mambo forward (L, R, L)

5-6 Walk back R, L

7&8 R rock back, recover L, touch R next to L

TAG/RESTARTS:

Wall 2 (20 counts): Do first 16 counts and a jazz box in place

Wall 6 (16 counts): Do first 16 counts

Wall 10 (20 counts): Do first 16 counts and a jazz box in place

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