Always Is

Coun	t: 32	Wall: 4	Level: Beginner	
Choreographe	ner: Kathryn Sloan (AUS) - September 2014			
Music	Everything I Shouldn't Be Thinking About - Thompson Square : (Album: Just Feels Good - 2:58)			
Starts 16 counts	s in on voc	als, with weight on left,	travels in clockwise direction - 116 BPM	
[1 – 8]□□Toe s	strut, toe s	trut, toe strut, toe strut (12.00)	
1,2,3,4	Point R to	e forward, drop R heel,	point L toe forward, drop L heel	
5,6,7,8	Point R to	e forward, drop R heel,	point L toe forward, drop L heel	
[9 – 16]□□Side	e, together	, back, touch, side, toge	ether, forward, touch (12.00)	
1,2,3,4	Step R to	right side, step L beside	e R, step R back, touch L beside R	
5,6,7,8	Step L to	left side, step R beside	L, step L forward, touch R beside L	
[17 – 24] Rockir	ng chair, pi	vot half, walk, walk * (6.	.00)□	
1231	Rock for	ard on R replace weigh	ht to L rock back on R replace weight to L	

- 1,2,3,4 Rock forward on R, replace weight to L, rock back on R, replace weight to L
- Step R forward, turning 180° left transferring weight to L, step R forward, step L forward* 5,6,7,8

[25 - 32] Vine right, vine left $\frac{1}{4}$, scuff \Box (3.00)

- 1,2,3,4 Step R to right side, step L behind R, step R to right side, touch L beside R
- Step L to left side, step R behind L, turning 90° left step L forward, scuff R beside L 5,6,7,8

Repeat

Restarts:-

On walls 3 and 6 Restart after 24 counts *

(You will be facing the back wall for both restarts and be restarting the dance from the front wall)

NOTE:-

I originally choreographed this to the Thompson Square version of this track which is not yet available in Australia, there are a number of version on itunes - all of which the dance fits to.

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Version 1



