

Another Heartbreak (zh)

COPPER KNOB
STEPSHETS

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Robbie McGowan Hickie (UK) - 2010年11月

Music: Thank You for the Heartbreak - Sugababes : (CD: Sweet 7)



前奏 : 32 count intro. 32拍後起跳

第一段 Forward Rock. & Heel Jack. Hold. & Forward Rock. 1/4 Turn Chasse Right.

- 1-2 Rock forward on Right. Rock back on Left. 右足前下沉, 左足回復
- 3-4 Step back on Right. Dig Left heel forward. Hold.
右足後踏, 左足踵前點, 候
- 5-6 Step Left back to place. Rock forward on Right. Rock back on Left.
左足後踏, 右足前下沉, 左足回復
- 7&8 Make 1/4 turn Right stepping Right to Right side. Close Left beside Right. Step Right to Right side.
右轉90度右足右踏, 左足併踏, 右足右踏

第二段 Cross. Hold. & Heel Jack. Hold. & Cross. Side. Right Sailor Step.

- 1-2 Cross step Left over Right. Hold. (3 o'clock)
左足於右足前交叉踏, 候(面向3點鐘)
- 3-4 Step Right to Right side and Diagonally back. Dig Left heel Diagonally forward Left. Hold. 右足右斜角後踏, 左足踵左斜角前點, 候
- 5-6 Step Left back to place. Cross step Right over left. Step Left to Left side. 左足後踏, 右足於左足前交叉踏, 左足左踏
- 7&8 Cross Right behind Left. Step Left to Left side. Step forward on Right. 右足於左足後交叉踏, 左足左踏, 右足前踏

第三段 Step. Pivot 1/2 Turn Right. 2x 1/2 Turns Right. Forward Rock. Behind & Cross.

- 1-2 Step forward on Left. Pivot 1/2 turn Right. 左足前踏, 右軸轉180度
- 3-4 Make 1/2 turn Right stepping back on Left. Make 1/2 turn Right stepping forward on Right. 右轉180度左足後踏, 右轉180度右足前踏
- 5-6 Rock forward on Left. Rock back on Right. 左足前下沉, 右足回復
- 7&8 Cross Left behind Right. Step Right to Right side. Cross step Left over Right. (9 o'clock)
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏(面向9點鐘)

第四段 Side Step Right. Hold and Clap. & Side Rock. Cross. Side. Right Sailor 1/4 Turn Right.

- 1-2 Step Right to Right side. Hold and Clap. 右足右踏, 候(拍手)
- 3-4 Step Left beside Right. Rock Right out to Right side. Recover weight on Left. 左足併踏, 右足右下沉, 左足回復
- 5-6 Cross step Right over left. Step Left to Left side.
右足於左足前交叉踏, 左足左踏
- 7&8 Cross Right behind Left making 1/4 turn Right. Step Left beside Right. Step forward on Right.
右足於左足後交叉踏右轉90度, 左足併踏, 右足前踏

第五段 2x Walks Forward. Left Kick-Ball-Step Forward. Forward Rock. Triple Step 3/4 Turn Left.

- 1-2 Walk forward on Left. Walk forward on Right. (12 o'clock)
左足前走, 右足前走(面向12點鐘)
- 3&4 Kick Left forward. Step ball of Left beside Right. Step forward on Right. 左足前踢, 左足併踏, 右足前踏
- 5-6 Rock forward on Left. Rock back on Right. 左足前下沉, 右足回復
- 7&8 Left Triple step making 3/4 turn Left stepping Left. Right. Left. (3 o'clock) 三步左轉270度-左, 右, 左(面向3點鐘)

第六段 Step Forward. Hold. & 2x Walks Forward. Right Mambo Forward. Left Sailor 1/4 Turn Left.

- 1-2 Step forward on Right. Hold. 右足前踏, 候
- 8&3-4 Step ball of Left beside Right. Walk forward on Right. Walk forward on Left. 左足併踏, 右足前走, 左足前走
- 5&6 Rock forward on Right. Rock back on Left. Step back on Right.
右足前下沉, 左足回復, 右足後踏
- 7&8 Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left
左足於右足後交叉踏左轉90度, 右足併踏, 左足前踏

RESTART: Dance to Count 48 of Wall 3 ... Then Start the Dance Again from the Beginning (Facing 6 o'clock) 第三面牆跳至此, 面向6點鐘從頭起跳

第七段 Cross Rock. & Cross. Side Step Right. Back Rock. Left Kick-Ball-Cross.

- 1-2 Cross rock Right over Left. Rock back on Left. (12 o'clock)
右足於左足前交叉下沉, 左足回復(面向12點鐘)
- 8&3-4 Step ball of Right to Right side. Cross step Left over Right. Step Right to Right side. 右足右踏, 左足於右足前交叉踏, 右足右踏
- 5-6 Rock back on Left. Rock forward on Right. 左足後下沉, 右足回復
- 7&8 Kick Left Diagonally forward Left. Step ball of Left back to place. Cross step Right over Left. 左足左斜角前踢, 左足後踏, 右足於左足前交叉踏

第八段 Side Step Left. Together. Left Shuffle Forward. Step. Pivot 1/2 Turn Left. 1/2 Turn Left. 1/4 Turn Left.

- 1-2 Step Left to Left side. Close Right beside Left.
左足左踏, 右足併踏
- 3&4 Left shuffle forward stepping Left. Right. Left.
前交換-左, 右, 左
- 5-6 Step forward on Right. Pivot 1/2 turn Left.
右足前踏, 左軸轉180度
- 7-8 Make 1/2 turn Left stepping back on Right. Make 1/4 turn Left stepping Left to Left side. (9 o'clock)
左轉180度右足後踏, 左轉90度左足左踏(面向9點鐘)

Note: RESTART & 16 Count TAG Only Needed to Sugababes Music...NO Restart/Tag to Country Track 只有Sugababes的音樂需要Restart及Tag

TAG: (END of Wall 1): Forward Rock. Full Turn Right. Forward Rock. Shuffle 1/2 Turn Left. (REPEAT) 加拍: 第一面牆結束時

- 1-2 Rock forward on Right. Rock back on Left.
右足前下沉, 左足回復
- 3&4 Triple Full turn Right (On The Spot) stepping Right. Left. Right. (OR ... Right Coaster Step)
三步原地右轉-右, 左, 右(簡易版: 海岸步)
- 5-6 Rock forward on Left. Rock back on Right.
左足前下沉, 右足回復
- 7&8 Left shuffle back making 1/2 turn Left stepping Left. Right. Left. (Facing 3 o'clock)
左180度轉交換-左, 右, 左(面向3點鐘)
- 9-16 Repeat Above Counts 1-8 (Now Facing 9 o'clock)
重覆1-8(面向9點鐘)
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