## Sweet Like Sugar!

**Count:** 64

Level: Improver

Choreographer: Sebastiaan Holtland (NL) - September 2014

Music: Sugar - Maroon 5 : (Album: V 2014 - .)

#16 count intro	o, start dancing after the words`Ah`Ah (07 sec). (No Tags, No Restarts).
Sec 1 1-8 Ou	it, Out, Back, Cross, Back, Back, Down, Up.
1-4	Step Rt out to right, step Lt out to left, step Rt slightly back, cross Lt over Rt.
5-8	Step Rt back, step Lt back, dip body down, coming up weight onto Lt.
5-0	Step Rt back, step Et back, dip body down, coming up weight onto Et.
Sec 2. 9-16: H	leel grind ¼ R, Back, L Touch Fwd, ½ R, R Touch Fwd, R Hip Push Fwd.
1-4	Heel grind with Rt (toes from left to right) turn ¼ right (3) step Lt back, step Rt back, touch Lt
	forward.
5-8	Turn ½ right (9) step Lt back in place, touch Rt fwd, push R hip fwd, replace weight onto Lt.
Sec 3, 17-24:	Side Rock, Recover, R Hip Push Fwd, Step, ¼ R, Back, Back, Hitch.
1-4	Rock Rt to the right, recover Lt, touch Rt fwd push R hip forward, replace weight onto Lt.
5-8	Step Rt fwd, turn ¼ right (12) step Lt back, step Rt back, hitch L knee up.
Sec 4. 25-32:	Step, ¼ L, Side, Back, Hitch, Fwd Rock, Recover, 1/8 R, Walks Fwd R-L.
1-4	Step Lt fwd, turn ¼ left (9) step Rt back, step Lt back, hitch R knee up.
5-8	Rock Rt fwd, recover on Lt, turn 1/8 right walk Rt fwd, walk Lt fwd.
	Fwd Rock, Recover, 1/8 R, Side Rock, Recover, Behind, ¼ L, Step, ¼ L, Side, Touch.
1-4	Rock Rt forward, recover on Lt, turn 1/8 right (12) rock Rt to the right, recover on Lt.
5-8	Step Rt behind Lt, turn ¼ left (9) step Lt slightly fwd, turn ¼ left (6) step Rt to the right, touch
	Lt next to Rt
Sec 6, 41-48;	Side, Hold, Together, Side, Heel, Side, Rising Knee lift L, ¼ L, Side, Rising Knee Lift R.
1-2	Step Lt to the left, Hold.
&3-4	Step Rt next to Lf, step Lt to the left, touch R heel fwd holding weight onto Lt.
5-6	Step Rt big to the right, L rising knee lift fwd.
7-8	Turn ¼ left (3) step Lt slightly fwd, R rising knee lift fwd.
Sec 7. 49-56:	Step, Side, Behind, ¼ L, Step, ½ Pivot L, Replace, L Knee Push Fwd, Replace.
1-4	Step Rt fwd, step Lt to the left, step Rt behind Lt, turn 1/4 left (12) step Lf slightly fwd.
5-8	Step Rt fwd, turn $\frac{1}{2}$ left (6) take weight onto Lt, take weight back on Rt, push L knee fwd,
	replace on Lt.
Sec 8 57-64	Step, Side, Behind, ¼ L, Step, ½ Pivot L, Together, Bending Knees, Upper Body Roll.
1-4	Step Rt fwd, step Lt to the left, step Rt behind Lt, turn ¼ left (3) step Lf slightly fwd.
5-8	Step Rt fwd, turn ½ left (9) take weight onto Lt, step Rt next to Lt bending knees, coming up
00	with a upper bodyroll.

Start Again and have fun!

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