Calypso Mexico (zh)

Count: 64 **Wall:** 4 **Level:** Improver
Choreographer: Ria Vos (NL) - 2010年11月
Music: Calypso Mexico - Bouke : (CD: Sing Elvis & Other Hits)

前奏： Intro: 16 counts 16拍後起跳

第一段 Crossing Toe Strut, Side Toe Strut, Cross Rock, Recover, Point, Hold

1-2 Cross R Toe Over L, Drop R Heel 右足趾於左足前交叉點, 右足踵踏
3-4 Step on L Toe to Left Side, Drop L Heel 左足趾左點, 左足踏
5-6 Cross Rock R Over L, Recover on L 右足於左足前交叉下沉, 左足回復
7-8 Point R toe to Right Side, Hold 右足趾右點, 候

第二段 Rock Back, Recover, Kick-Ball, Crossing Toe Strut, Side Toe Strut

1-2 Rock Back on R, Recover on L 右足後下沉, 左足回復
3-4 Kick R to Right Diagonal, Step on Ball of R Next to L
右足右斜角前踢, 右足併踏
5-6 Cross L Toe Over R, Drop L Heel 左足趾於右足前交叉點, 左足踵踏
7-8 Step on R Toe to Right Side, Drop R Heel 右足趾右點, 右足踵踏

第三段 Cross Rock, Recover, ¼ Turn L, Hold, Step ½ Turn L, Step Fwd, Hold

1-2 Cross Rock L Over R, Recover on R 左足於右足前交叉下沉, 右足回復
3-4 ¼ Turn Left Step Fwd on L, Hold (option: Clap) (9:00)
左轉90度左足前踏, 候(拍手)(面向9點鐘)
5-6 Step Fwd on R, Pivot ½ Turn Left (3:00)
右足前踏, 左轉180度(面向3點鐘)
7-8 Step Fwd on R, Hold (option: Clap) 右足前踏, 候(拍手)

第四段 L Lock Step Fwd, Scuff, R Lock Step Fwd, Hold

1-2 Step L Fwd to Left Diagonal, Lock R Behind L
左足左斜角前踏, 右足於左足後鎖踏
3-4 Step L Fwd to Left Diagonal, Scuff R next to L
左足左斜角前踏, 右足擦踢
5-6 Step R Fwd to Right Diagonal, Lock L Behind R
右足右斜角前踏, 左足於右足後鎖踏
7-8 Step R Fwd to Right Diagonal, Hold 右足右斜角前踏, 候
Option 1-3: Full Turn Right, Moving Fwd, Stepping L-R-L
1-3拍斜前鎖踏, 可改成向前移的三步右轉圈-左, 右, 左

第五段 Mambo Fwd, Kick, Back, Kick, Back, Hold

1-2 Rock Fwd on L, Recover on R 左足前下沉, 右足回復
3-4 Step Back on L, Kick R to Right Diagonal 左足後踏, 右足右斜角前踢
5-6 Step Back on R, Kick L to Left Diagonal 右足後踏, 左足左斜角斜踢
7-8 Step Back on L, Hold 左足後踏, 候

第六段 Rock Back, ¼ Turn R, Hold, Step, ¼ Turn R, Cross, Hold

1-2 Rock Back on R, Recover on L 右足後下沉, 左足回復
3-4 ¼ Turn R Step Fwd on R, Hold (6:00)
右轉90度右足前踏, 候(面向6點鐘)

5-6 Step Fwd on L, Pivot ¼ Turn Right (9:00)
左足前踏, 右軸轉90度(面向9點鐘)

7-8 Cross L Over R, Hold 左足於右足前交叉踏, 候

第七段 Rumba Box with Holds ***TAG point

1-2 Step R to Right Side, Step L Next to R 右足右踏, 左足併踏

3-4 Step Fwd on R, Hold 右足前踏, 候

5-6 Step L to Left Side, Step R Next to L 左足左踏, 右足併踏

7-8 Step Back on L, Hold 左足後踏, 候

第八段 Diagonal Step Back with Hip Bumps, Hitch, Coaster Step, Hold

1-2 Step R Back to Right Diagonal Bump hips Back, Recover
右足右斜角後踏後推臀, 回復

3-4 Bump hips Back (weight on R), Hitch L (turning to face 9:00 again)
後推臀(重心在右足), 左足抬(轉正面向9點鐘)

5-6 Step Back on L, Step R Next to L 左足後踏, 右足併踏

7-8 Step Fwd on L, Hold 左足前踏, 候

TAG: AFTER wall 3 (3:00), Repeat the last 16 counts of the dance, (starting with the Rumba Box)第三面牆結束(面向3點鐘), 重覆最後16拍(從Rumba Box開始), 從頭起跳