Sakit

1 - 2

3 - 4

5 - 6

7 - 8

Step R to side, Close L to R

Step L to side, Close R to L

Step R to side, Touch L in place with hip bump

Step L to side, Touch R in place with hip bump



Count: 64 Wall: 2 Level: Phrased Easy Intermediate Choreographer: Bambang Satiyawan (INA) - October 2014 Music: Sakitnya Tuh Disini - Cita Citata (Start on vocal/after 2 counts) Sequence: A,A, B,B, A,A, A,A, B,B, A,A,A Part A - 32 counts I. GRAPEVINE HIP BUMP-GRAPEVINE HIP BUMP 1 - 2Step R to side, Step L behind R 3 - 4Step R to side, Touch L in place with hip bump 5 - 6Step L to side, Step R behind 7 - 8Step L to side, Touch R in place with hip bump II. IN PLACE-HIP BUMP-IN PLACE -HIP BUMP-TURN IN PLACE-HIP BUMP-IN PLACE-HIP BUMP 1 - 2Step R in place, Touch L in place with hip bump 3 - 4Step L in place, Touch R in place with hip bump 5 - 6Turn ¼ left Step R to side, Touch L in place with hip bump 7 - 8Step L in place, Touch R in place with hip bump III. WALK-TOUCH-BACK WALK-TOUCH 1 - 2Walk R-L 3 - 4Step R forward, Touch L in place with hip bump 5 - 6Walk backward L-R Step L back, Touch R in place with hip bump 7 - 8IV. FORWARD-CLOSE-BACKWARD-HOOK-FORWARD-CLOSE-TURN-FLICK 1 - 2Step R forward, Close L beside R 3 - 4Step R back, Hook L over R 5 - 6Step L forward, Close R beside L 7 - 8Turn 1/4 left Step L to side, Flick R behind L Part B - 32 counts I. MONTEREY-ROCKING CHAIR 1 - 2Touch R to side, Turn 1/2 right close R to L 3 - 4Touch L to side, Close L to R 5 - 6Rock R forward, Recover on L 7 - 8Rock R backward, Recover on L II. CROSS-TOUCH-CROSS-TOUCH-JAZZ BOX TURN 1 - 2Cross R over L, Touch L to side 3 - 4Cross L behind R, Touch R to side 5 - 6Cross R over L, Turn 1/4 right step L back 7 - 8Step R to side, Cross L over R III. SIDE-CLOSE-SIDE-TOUCH-SIDE-CLOSE-SIDE-TOUCH

IV. FORWARD-TOUCH-BACKWARD-HOOK-PIVOT-WALK IN PLACE

1 - 2 Step R forward, Touch L beside R3 - 4 Step L backward, Hook R over L

5 – 6 Step R forward, Turn ¼ left step L in place

7 – 8 Close R to L, Step L in place

Enjoy the dance...

Contact : bambang.1709@gmail.com