# Quitter (放棄愛你) (zh)

**Count:** 64 **Wall:** 4 **Level:** Beginner
**Choreographer:** Maggie Gallagher (UK) - 2010年02月
**Music:** Quitter - Carrie Underwood : (CD: Play On 09)

前奏： Intro: 32 counts (12 secs) (Dance moves ACW)

**第一段 Side Right, Touch, Side Left, Together, Back, Hold, Rock Back, Recover 右踏, 併點, 左點, 併踏, 後, 候, 後下沉, 回復**

1,2 Step right to right side, Touch Left beside right [12.00]
右足右踏, 左足併點(面向12點鐘)

3,4 Step left to left side, Step right beside left
左足左踏, 右足併踏

5,6 Step back on left, HOLD 左足後踏, 候

7,8 Rock back on right, Recover onto left [12.00]
右足後下沉, 左足回復(面向12點鐘)

**第二段 Right Lock Step, Hold, Step, 1/2 Pivot, Step, Hold**
**前鎖步, 候, 踏 轉 踏, 候**

1-3 Step forward on right, Cross lock left behind right, Step forward on right 右足前踏, 左足於右足後交叉鎖踏, 右足前踏

4 HOLD 候

5-7 Step forward on left, 1/2 pivot turn right, Step forward on left [6.00] 左足前踏, 右軸轉180度, 左足前踏(面向6點鐘)

8 HOLD 候

**第三段 1/2 Turn Left, Hitch, 1/4 Left, Touch, Point. Touch, Point, Back Hook Flick 1/2, 抬, 1/4, 併點, 側點, 併點, 側點, 後勾**

1,2 1/2 turn left stepping back on right, Hitch left knee slightly [12.00]左轉180度右足後踏, 左膝略抬(面向12點鐘)

3,4 1/4 turn left stepping left to left side, Touch right next to left [9.00] 左轉90度左足左踏, 右足併點(面向9點鐘)

5,6 Point right to right side, Touch right next to left
右足右點, 右足併點

7,8 Point right to right side, Hook flick right behind
右足右點, 右足後勾

**第四段 Vine Right, Touch, Vine Left, Scuff 右華倫, 點, 左華倫, 擦踢**

1-4 Step right to right side, Cross left behind right, Step right to right side, Touch left beside right
右足右踏, 左足於右足後交叉踏, 右足右踏, 左足併點

5-8 Step left to left side, Cross right behind left, Step left to left side, Scuff right forwards
左足左踏, 右足於左足後交叉踏, 左足左踏, 右足前擦踢

**RESTART: DURING Wall 4 after 32 counts.**第四面牆跳至此, 從頭起跳

**第五段 Out, Hold, Out, Hold, Hip Bumps R, L, R, Hitch**
**外, 候, 外, 候, 推臀-右, 左, 右, 抬**

1,2 Step right out to right side, HOLD 右足右踏, 候

3,4 Step left out to left side, HOLD (Shoulder width apart)
左足左踏, 候(與肩同寬)

5-8 Bump hips to Right side, Left side, Right side, Transfer weight to left hitching right knee across left
右足右踏右推臀, 左推臀, 右推臀, 重心移至左足右膝於左足前抬

**第六段** **Part Rumba Box Forward, Touch, Part Rumba Box Back, Hold**
**倫巴方塊, 點, 倫巴方塊, 候**

1-4 Step right to right side, Step left beside right, Step forward on right, Touch 右足右踏, 左足併踏, 右足前踏, 左足併點

5-8 Step left to left side, Step right beside left, Step back on left, HOLD 左足左踏, 右足併踏, 左足後踏, 候

**第七段** **Right Lock Back, Hold, Full Triple Left, Right Toe Brush**
**右足後鎖步, 候, 小三步轉圈, 趾刷**

1-4 Step back on right, Lock left across front of right, Step back on right, HOLD 右足後踏, 左足於右足前交叉鎖踏, 右足後踏, 候

5-8 Full Triple turn left on the spot (L, R, L), Brush right toe forward [9.00] 小三步原地左轉圈-左, 右, 左, 右足趾前刷步

Optional Alt. Steps for 5-7: 5-7拍選擇版

5-7 (Left coaster) Step back on the left, Step right beside left, Step forward on left (左足海岸步)左足後踏, 右足併踏, 左足前踏

**第八段** **Walk, Scuff, Walk, Scuff, Side, Touch, Side, Touch**
**走, 擦踢, 走, 擦踢, 側, 點, 側, 點**

1-4 Walk forward on right, Scuff left forward, Walk forward on left, Scuff right forward 右足前走, 左足前擦踢, 左足前走, 右足前擦踢

5,6 Step right to right side, Touch left beside right
右足右踏, 左足併點

7,8 Step left to left side, Touch right beside left. [9.00]
左足左踏, 右足併點(面向9點鐘)

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