Mas Que Nada



Count: 32 Wall: 2 Level: Beginner

Choreographer: Helene Callmyr (SWE) - October 2014

Music: Mas Que Nada (feat. The Black Eyed Peas) - Sergio Mendes



1 RF□Step slightly to right side 8 LF□Weight change to left 2 RF□Step together 3 LF□Step slightly to left side 8 RF□Weight change to right 4 LF□Step together 5 - 8 repeat same as for count 1 - 4 BASIC SAMBA STEPS, RIGHT, LEFT, ¼ TURN LEFT SAMBA STEPS, LEFT 9 RF□Step to right 8 LF□Step cross behind RF (extended fifth position) 10 RF□Step in place 11 LF□Step to left 8 RL□Step cross behind RF (extended fifth position) 12 RF□Step in place 13 RF□turn ¼ to left, step to right 8 LF□Step in place 14 RF□Step in place 15 LF□Step to left 8 RL□Step cross behind RF (extended fifth position) 16 RF□Step in place 17 RF□Step in place 18 RL□Step cross behind RF (extended fifth position) 19 LF□Step to left 8 RL□Step cross behind RF (extended fifth position) 10 RF□Step slightly forward (09.00) 11 RF□Step slightly forward (09.00) 12 RF□Step slightly forward 13 RF□Step slightly forward 14 RF□Step slightly forward 15 RF□Step slightly forward 16 RF□Step slightly forward 17 RF□Step slightly forward 18 RF□Step slightly forward 19 LF□Step slightly forward 20 LF□Step slightly forward 21 RF□Step back 22 LF□Step back 23 RF□Step back 24 LF□Turn ¼ to left, step to side HIPBUMBPS, MAMBO STEPS, HIPBUMBPS 25 RF□Move hips to right 26 LF□Move hips to right 27 RF□Step slegibly forward 28 RF□Step beside left	MAMBOSTEP I	RIGHT SIDE, LEFT SIDE, REPEAT	
2 RF□Step together 3 LF□Step slightly to left side & RF□Weight change to right 4 LF□Step together 5 - 8 repeat same as for count 1 - 4 BASIC SAMBA STEPS, RIGHT, LEFT, ½ TURN LEFT SAMBA STEPS, LEFT 9 RF□Step to right & LF□Step cross behind RF (extended fifth position) 10 RF□Step in place 11 LF□Step to left & RL□Step cross behind RF (extended fifth position) 12 RF□Step in place 13 RF□turn ½ to left, step to right & LF□Step cross behind RF (extended fifth position) 14 RF□Step in place 15 LF□Step to left & RL□Step cross behind RF (extended fifth position) 16 RF□Step in place 17 RF□Step in place SAMBA TRIPPLE FORWARD, STEP BACK, ½ TURN LEFT 17 RF□Step slightly forward (09.00) 8 LF□Step close to right, weight on left (to get that samba rock feeling) 18 RF□Step slightly forward 19 LF□Step close to left, weight on right (to get that samba rock feeling) 20 LF□Step back 21 RF□Step back 22 LF□Step back 23 RF□Step back 24 LF□Turn ½ to left, step to side HIPBUMBPS, MAMBO STEPS, HIPBUMBPS 25 RF□Move hips to right 26 LF□Move hips to right 27 RF□Step slightly forward 8 LF□Recover, weight change to left	1	RF□Step slightly to right side	
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& LF□Recover, weight change to left		•	
	28	RF□Step beside left	

29	LF□Step slightly back
&	RF□Recover, weight change to right
30	LF□Step beside left
31	RF□Move hips to right
32	LF□Move hips to left

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