## **Rion Des Landes**



Count: 32 Wall: 1 Level: Improver

Choreographer: Agnes Gauthier (FR) - November 2014

Music: I Saw Three Ships - The Irish Descendants



Alt. music: I Saw Three Ships - Orla Fallon (iTunes)

Intro: 16 Counts after flute solo and drums, starts on vocals

miles. To counte area, mais colo ana arame, ciarte en vocale	
[1 - 8]□Right Forward Shuffle, Left Back Shuffle, Heel Switches, Clap, Clap	
1 & 2	Right foot shuffle forward (R,L,R) [12:00]
3 & 4	Left foot shuffle back (L,R,L)
5 & 6 &	Heel Switches- Touch Right heel, RF back, left heel forward, LF back
7 & 8	Right Heel forward, Clap, Clap
[9 - 16]□1/4 Turn Right Forward Shuffle, Pivot Right Turn, Kick Ball Point 2x	
1 & 2	1/4 turn right shuffle forward [3:00]
3-4	Pivot Turn- Step LF forward, ½ turn right [9:00]
5 & 6	Left Kick Ball Point – Kick LF forward, step LF together, point RF to right side
7 & 8	Right Kick Ball Point- Kick RF forward, step RF together, point LF to left side
[17 - 24]□Left Sailor, Right Sailor, Scuff and Hops [9:00]	
1 & 2	Left Sailor Step – Swing LF behind RF, Step RF together, Step LF to side
3 & 4	Right Sailor Step – Swing RF behind LF, Step LF together, Step RF to side
5 & 6	Scuff LF, hop forward w/ RF, Step LF forward
7 & 8	Scuff RF, hop back w/ LF, Step RF back
[25 - 32]□Left Coaster Step, Right Shuffle Forward, Toe Switches with ¼ Turn	
1 & 2	Left Coaster Step – bring LF back, RF back, LF forward
3 & 4	Right Shuffle Forward (R,L,R)
5 & 6	Toe Switches - Point Left Toe forward, bring back while turning ¼ right, Point Right Toe forward [12:00]

Bring Right back, Left toe forward, clap, clap. Step back on left quickly to start over.

Contact - Choreo: Email: agnes.gauthier@aexp.fr Submitted by: Alvie Aguilar - alvieaguilar@gmail.com

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