

Hurtin' On Me

Count: 64

Wall: 2

Level: High Improver

Choreographer: Nicola Lafferty (UK) - November 2014

Music: Hurtin' On Me - Chris Carmack : (Album: The Music of Nashville, Season 2, Volume 2, Deluxe)



Intro: Begin on main vocals (approx 16 secs from start)

[1-8] □ □ 2 Stomps, 2 Side Touches, 2 Stomps

- 1,2 Stomp RF in place, Stomp LF next to RF
- 3,4 Touch RF to R side, Close RF to LF
- 5,6 Touch LF to L side, Close LF to RF
- 7,8 Stomp RF in place, Stomp LF next to RF

[9-16] □ □ 2 Toe Struts Fwd, Rock Fwd, Recover, Back

- 1,2 Touch R toe fwd, Drop R heel
- 3,4 Touch L toe fwd, Drop L heel
- 5,6 Rock RF fwd, Recover weight to LF
- 7,8 Step RF back, Hold

[17-24] □ □ 2 Quick Walks Back, 2 Slow Walks Back, Back, Close

- 1,2 Walk Back LF, Walk back RF (Q,Q)
- 3,4 Walk back LF, Hold (S)
- 5,6 Walk back RF, Hold (S)
- 7,8 Walk back on LF, Close RF to LF (Q,Q)

[25-32] □ □ 2 Slow Walks Fwd, Step 1/4 Pivot, Cross

- 1,2 Step LF fwd, Hold (S)
- 3,4 Step RF fwd, Hold (S)
- 5,6 Step LF fwd, ¼ pivot turn to R (face 3.00) (Q,Q)
- 7,8 Cross LF over RF, Hold (S)

[33-40] □ Step Together, Step Touch, Step Touch, Step Brush

- 1,2,3,4 Step RF to R side, Close LF to RF, Step RF to R side, Touch LF next to RF
- 5,6 Step LF to L side, Touch RF next to LF
- 7,8 Step RF to R side, Brush LF fwd

[41-48] □ Cross Strut, Side Strut, Side Shuffle

- 1,2 Cross L toe over RF, Drop L heel
- 3,4 Touch R toe to R side, Drop R heel
- 5,6,7,8 Step LF to L side, Close RF to LF, Step LF to L side, Hold

[49-56] □ Stomp & Fan

- 1,2,3,4 Stomp RF fwd, Fan R foot to R, to L, to Centre
- 5,6,7,8 Stomp LF fwd, Fan L foot to L, to R, to Centre

[57-64] □ Rock, Recover, ¼ Turn Close, Heel Digs x2

- 1,2 Rock RF fwd, Recover weight to LF
- 3,4 Make ¼ turn to R as you step RF to R side, Close LF to RF
- 5,6 Touch R heel fwd, close RF to LF
- 7,8 Touch L heel fwd, Close LF to RF

Begin again

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