Mon Coeur Epris



Count: 56 Wall: 4 Level: Improver

Choreographer: Martie Papendorf (SA) - December 2014

Music: Mon cœur épris - Dominique Barret



Start on vocals. - No Tags Or Restarts.

Choreographed for Rosanne from Reunion with thanks for the music and request for a dance.

S1: a, Samba fwd R L, R samba hips fwd back fwd, L samba hips fwd back fwd	
a1&2	Turn slightly to face left diagonal [10.30], Rock R across L, Recover L to left side, Step R to right side,
3&4	Step L across R, Recover R to right side, Step L to left side,
5&6	Step R fwd opening to left side bumping hips fwd, Shift weight to L bumping hips back, Shift weight to R bumping hips fwd,
7&8	Step L fwd opening to right side bumping hips fwd, Shift weight to R bumping hips back, Shift weight to L bumping hips fwd [12.00]

S2: a, Samba ¼ right, Samba fwd, R samba hips fwd back fwd, L samba hips fwd back fwd

52. a, Samba ¼ nght, Samba iwu, R samba nips iwu back iwu, L samba nips iwu back iwu	
a1&2	Turn slightly to face right diagonal [1.30], Rock R across L, Recover L to left side making a ¼ turn right, Step R to right side, [3.00]
3&4	Step L across R, Recover R to right side, Step L to left side,
5&6	Step R fwd opening to left side bumping hips fwd, Shift weight to L bumping hips back, Shift weight to R bumping hips fwd,
7&8	Step L fwd opening to right side bumping hips fwd, Shift weight to R bumping hips back, Shift weight to L bumping hips fwd [3.00]

S3: Syncopated rocking chair, R samba hips fwd, Side, Together, Fwd, Step, Kick, Back, Point□

1&	Rock R fwd, Recover L back,
2&	Rock R back, Recover L fwd,
3&4	Step R fwd bumping hips fwd, Shift weight to L bumping hips back, Shift weight to R bumping hips fwd,
5&6	Step L to left side, Step R next to L, Step L fwd,
&7	Step R fwd, Kick L low kick fwd,
&8	Step L back, Point R to right side [3.00]

S4: Sailor 1/4 right, Behind, Side, Cross, R samba hips, Rock back, Recover

1&2	Swing R out and cross behind L making a ¼ turn right, Rock L to left side, [6.00] Recover R to right side,
3&4	Cross L behind R, Step R to right side, Step L across R,
5&6	Step R fwd opening to left side bumping hips fwd, Shift weight to L bumping hips back, Shift weight to R bumping hips fwd,
7,8	Rock L behind R, Recover R fwd[6.00]

S5: L samba hips ¼ right, Rock back, Recover, Monterey turn ½ right, Monterey turn ¼ right

1&2	Step L fwd making a ¼ turn right opening to right side bumping hips fwd, [9.00] Shift weight to R bumping hips back, Shift weight to L bumping hips fwd,
3,4	Rock R behind L, Recover L fwd,
5&6&	Point R to right side, Step R next to L making a ½ turn right, [3.00] Point L to left side, Step L

7&8& Point R to right side, Step R next to L making a ¼ turn right, [6.00] Point L to left side, Step L next to R [6.00]

1&2 Step R across L opening to left side bumping hips fwd, Shift weight to L bumping hips back,

Shift weight to R bumping hips fwd,

3&4 Step L across R opening to right side bumping hips fwd, Shift weight to R bumping hips back,

Shift weight to L bumping hips fwd,

[Moving fwd counts 1-4]

Rock R fwd, Recover back onto L making a ¼ turn right, [9.00] Step R fwd making a ¼ turn

right, [12.00]

7&8 Step L back making a ¼ turn right, [3.00] Lock R across L making a ¼ turn right, Step L back

[6.00]

S7: Samba hips right, Samba hips left, Rock back, Recover, Side 3/4 left, Side

1&2 Step R to right side, Close L to R, Step R in place,3&4 Step L to left side, Close R to L, Step L in place,

5,6 Rock R back, Recover L back,

7,8 Sweep and step R to right side making a ¾ turn left, [9.00] Step L to left side [9.00]

START AGAIN

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