

# Lifetime Dreams

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 2

**Level:** Easy Intermediate

**Choreographer:** Jan Wyllie (AUS) - January 2015

**Music:** Once in a Lifetime - Heartbeat : (Album: Once In A Lifetime)



**#16 count intro, No Tags Or Restarts**

Thank you to Henrico from The Netherlands for this song - an Aussie song too

## **Shuffle Fwd Stomp Fwd Hold Rock Fwd Recover Toe Strut Back**

1,2,3,4 Shuffle fwd RLR, Stomp fwd on L, Hold

5,6,7,8 Rock/step fwd on R, Recover back on L, Step back on R toe, Drop R foot

## **Shuffle Back 1/4 Rocks Side Slide Side Slide**

9&10 Shuffle back LRL

11,12 Making 1/4 right rock/step R to right, Rock/step L to left

13,14 Big step to right, Slide L to touch beside R

15,16 Big step to left, Slide R to touch beside L

## **Shuffle Fwd Step Pivot 1/2 Shuffle Fwd Step Pivot 1/4**

17&18 Shuffle fwd RLR

19,20 Step fwd on L, Pivot 1/2 right transferring wt to R

21&22 Shuffle fwd LRL

23,24 Step fwd on R, Pivot 1/4 left transferring wt to L

## **Rock Fwd Recover Step Back Hold Step Back Tap Walk Fwd**

25,26,27,28 Rock/step fwd on R, Recover back on L, Step back on R, Hold

29,30 Step back on L, Tap R beside L

31,32 Walk fwd RL

Hope you enjoy this easy little dance.

Heartbeat are Aussies who sing at various clubs around our country....

So you might find them in a club near you very soon.

See you on the floor sometime.... Jan

Contact - Email: [janwyllie@iinet.net.au](mailto:janwyllie@iinet.net.au) - Web Site: <http://www.members.iinet.net.au/~janwyllie/>

Music questions: [www.heartbeatduo.com.au](http://www.heartbeatduo.com.au)