Rock That Body



Count: 32 Wall: 4 Level: Improver

Choreographer: Arjan Wesselius (DK) - December 2014

Music: Rock That Body - Black Eyed Peas : (Funk)



#48 Counts intro from the beginning.

(1_8) 2v Walk	Side Rock Right	Sten forward S	Rock Laft	Step together weight switch
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1 -2	Walk forward on Right foot, Walk forward on Left foot,
3 – 4	Step Right foot to Right side, Recover on Left foot,
5 - 6	Step forward on Right foot, Step Left foot to Left side,

7 - 8 Recover on Right foot, Step Left foot beside Right and switch weight on to Left foot.

(9-16) 3x Walk backwards, Kick Left forward, Slow Coaster Step, Hold

Walk backwards on Right foot, Walk backwards on Left foot,
Walk backwards on Right Foot and Kick Left foot forward,
Step back on Left foot, Step Right beside Left,

7-8 Step forward on Left foot, and Hold.

(17-24) Chasse Right, Heel touch, Stomp, Weave With a ¼ turn Left.

1 & 2	Step Right foot to Right side, Step Left foot beside Right foot, Step Right foot to Right side,
3 - 4	Touch Left heel diagonally forwards, Stomp Left foot down, taking weight on left foot,
5 – 6	Cross Right foot over Left, Step Left foot to Left side,

7 – 8 Cross Right foot behind Left foot, Make a ¼ turn Left stepping forward on Left. (09.00)

(25-32) Rocking Chair, ½ Pivot Turn, 2x Walk.

1 – 2	Step forward on right foot, Recover weight on Left foot.
3 – 4	Step back on Right foot, Recover weight on Left foot.
5 – 6	Step forward on Right foot, Make a ½ turn left taking weight on left foot, (03.00)
7 – 8	Walk forward on Right foot, Walk forward on Left foot.

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