Just Lay Low



Count: 32 Wall: 4 Level: Improver

Choreographer: Sue Smyth (UK) - January 2015

Music: Lay Low - Josh Turner



Intro 32 counts

Sec 1: □CROSS HOLD AND CROSS SIDE, SAILOR ¼ TURN RIGHT, LEFT SHUFFLE FWD

1-2 cross right over left, hold for 1 count

&3-4 step L to L side, cross right over left, step left to left side

5&6 step R behind left, make ¼ turn right stepping on left, step fwd on R (3 o'clock)

7&8 step fwd on L, step R next to L, step fwd on L

Sec 2:□FULL TURN(WALK WALK), RIGHT SHUFFLE FWD, LEFT ROCK FWD, LEFT COASTER STEP

1-2 make ½ turn left stepping back on right, make ½ turn left stepping fwd on left,(alt walk fwd on

RL)

3&4 step fwd on right, step left beside right, step fwd on right

5-6 rock fwd on left, rec on right

7&8 step back on left, step right beside left, step fwd on left

Restart 1: on wall 4 facing 6 oclock,

Tag and 2nd Restart on wall 9 facing 9 o'clock

Sec 3:□RIGHT ROCK FWD, SHUFFLE ½ TURN RIGHT, LEFT SIDE ROCK, LEFT SAILOR STEP

1-2 rock fwd on right, rec on left

3&4 shuffle ½ turn right on R L R (9 o'clock)

5-6 rock left to left side, rec on right

7&8 step left behind right, step right to right side, step left to left

Sec 4:□RIGHT CROSS ROCK CHASSE TO RIGHT, LEFT CROSS ROCK CHASSE TO LEFT

1-2 cross rock right over left, rec on left

3&4 step R to R side, close L beside R, step R to R side

5-6 cross rock left over right, rec on right

7&8 step left to left side, close right beside left, step left to left side.

RESTART 1: ON WALL 4 AFTER COUNT 16 - SEC 2

TAG AND RESTART ON WALL 9 FACING 9 O'CLOCK AFTER COUNT 16 SEC 2.

TAG 1-4 rock fwd on right, rec on left, rock right to right side rec on left

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