How You Live



Count: 48 Wall: 2 Level: Intermediate waltz Choreographer: Pat Cosgrave (NZ) - January 2015 Music: How You Live (Turn Up the Music) - Point of Grace : (Album: How You Live -Deluxe Edition) Intro: Dance starts on the word "Up" of the first vocals "Wake Up to the sunlight...." S1: CROSS R. UNWIND 1/2 L. L BACK LOCK 1, 2, 3 Cross R over L, Unwind ½ L turn (2 counts) 4, 5, 6 Step L back on L 45 degrees, Step R back across L, Step L back on L 45 degrees ☐ (6.00 o'clock) S2: R FULL TURN (RLR), L CROSS WALTZ 1, 2, 3 Make ¼ R turn step R fwd, Make ½ R turn step L back, Make ¼ R turn step R to R side 4, 5, 6 Cross L over R, Rock R to R side, Recover L to L side (6.00 o'clock) S3: FWD R, PIVOT ½ L DRAG L TO R, FWD L FULL TURN (LRL) 1.2.3 Step R fwd, Pivot ½ L while dragging L back beside R (2 counts) 4, 5, 6 Step L fwd, Make ½ L turn step back R, Make ½ L turn step fwd L drag R to L (Option for counts 4, 5, 6 Step L fwd, Step R beside L, Step L fwd) □ (12.00 o'clock) □ □ S4: CROSS, SIDE, BACK, CROSS, BACK, 1/2 TURN 1, 2, 3 Step R across L, Step L to L side, Step R back 4, 5, 6 Step L across R, Step R back, Make ½ turn Left step fwd L□(6.00 o'clock) S5: R ROCK, RECOVER, CROSS, STEP L TO L SIDE DRAG R TO L (over 2 counts) 1, 2, 3 Rock R to R side, Recover onto L, Cross R 4, 5, 6 Step L to L side, Drag R to L (2 counts) □ (6.00 o'clock) S6: R ROCK, RECOVER, CROSS, STEP L TO L SIDE DRAG R TO L (over 2 counts) 1, 2, 3 Rock R to R side, Recover onto L, cross R 4, 5, 6 Step L to L side, Drag R to L (2counts) (6.00 o'clock) S7: BEHIND ROCK, RECOVER, SIDE, BEHIND, 1/4 TURN, 1/4 SIDE Rock R behind L, Recover onto L, Step R to R side * 1, 2, 3 4, 5, 6 Step L behind R, Make ¼ turn R step fwd R, Make ¼ turn R step L to L side # (12.00 o'clock) S8: R SAILOR STEP, L CROSS SAMBA 1/2 TURN 1, 2, 3 Step R behind L, Step L to L side, Step R to R side 4, 5, 6 Cross L over R, Make ¼ L turn step back on R, Make ¼ L turn step L to L side ☐ (6.00 o'clock) [48]□ BRIDGE (as from 6.00 o'clock) BR1: R MODIFIED JAZZBOX. L MODIFIED JAZZ BOX 1,2,3 Cross R over L, Step L back, Step R Back on L 45 degrees Cross L over R, Step R back, Step L back on R 45 degrees ☐ (6.00 o'clock) 4,5,6

BR3: FWD R LOCK, FWD L LOCK

1.2.3

4,5,6

BR2: FWD R, 1/2 R TURN, BACK R, LEFT BACK, COASTER STEP

Step fwd on R, Make ½ R turn step back on L, Step back on R Step L back, Step R beside L, Step L fwd □ (12.00 o'clock)

| 1,2,3 | Step R fwd, Step L behind R, Step R Fwd | |
|--|--|--|
| 4,5,6 | Step L fwd, Step R behind L, Step L fwd□(12.00 o'clock) | |
| · | PIVOT ½ L, HOLD | |
| 1,2,3 | Step R fwd, Pivot ½ L, Hold (weight on L)□(6.00 o'clock) | |
| | OCK, FWD L LOCK | |
| 1,2,3 | Step R fwd, Step L behind R, Step R fwd | |
| 4,5,6 | Step L fwd, Step R behind L, Step L fwd□(6.00 o'clock) | |
| BR6: R ROCK, | RECOVER, CROSS R, STEP L TO L SIDE, POINT R, HOLD | |
| 1,2,3 | Rock R to R side, Recover onto L, Cross R over L | |
| 4,5,6 [33] | Step L to L side, Point R to R side, Hold □ (6.00 o'clock) | |
| | urs during Wall 9 facing 12.00. Dance to Count 42 #. Restart main dance (Wall 10) facing | |
| | e facing 6.00 for this 6 count Tag which happens after Wall 11 Bridge. | |
| 1, 2, 3 4, 5, 6 | Step R to R side, Sway R, Hold Step L to L side, Sway L, Hold | |
| 4, 5, 0 | Step L to L side, Sway L, Hold | |
| Continue with n | nain dance for Wall 12 (6.00) and Wall 13 (12.00) | |
| ENDING occurs front. | s during Wall 14 facing 6.00. Dance to count 39 * (R to R side) Slowly drag L towards R facing | |
| BRIDGE occurs on Wall 2 facing 6.00, Wall 6 facing 12.00, Wall 11 facing 6.00 | | |
| TOTAL SEQUE | ENCE OF DANCE: | |
| · · | (12)□Wall 1 = 48 counts□□□□□ | |
| (6) □ Wall 2 = 33 counts (Bridge) □ □ (6,12,6) Walls 3, 4 & 5 = 48 counts □ □ | | |
| (12)□Wall 6 = 33 counts (Bridge)□□ | | |
| (12,6)□Walls 7 & 8 = 48 counts□□ | | |
| · · | 42# counts (Restart) | |
| (12)□Wall 10 = | = 48 counts 33 counts (Bridge) | |
| · · | Wall 11 Bridge = 6 counts | |
| (6,12)□Walls 1 | 2 & 13 = 48 counts | |
| (6)□Wall 14 ar | nd Ending = 39 * counts | |
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