649 (中樂透！快樂起舞) (zh)

Count: 64 **Wall:** 2 **Level:** Intermediate
Choreographer: Judy McDonald (CAN) - 2009年05月
Music: Swing Baby Swing - The DNC

第一段 **R Step, L Step, R Step Ball Change, L Heel Front, R Heel Drop, L Heel Side, R Heel Drop, L Heel Front, R Heel Drop, L Ball Change**
右, 左, 右左右, 左踵右踏, 左踵右踏, 左踵右踏, 踏 踏

12,3&4 Step R in place (1), step L in place (2), step R in place (3), step back on ball of L (&), step R in place (4)
右足踏, 左足踏, 右足踏, 左足後踏, 右足踏
do these steps like you're running on the spot.
以「原點跑步」的方式跳這4拍

&5&6&7&8 Touch L heel across in front of right & lift R heel(&), drop R heel (5), touch L heel to side & lift R heel (&),drop R heel (6), touch L heel across in front of right & lift R heel (&), drop R heel (7), step back on ball of L (&), step R in place (8)
左足踵於右足前交叉點右足踵抬, 右足踵踏, 左足踵左點右足踵抬, 右足踵踏, 左足踵於右足前交叉點右足踵抬, 右足踵踏, 左足後踏, 右足踏

第二段 **L Scuff, R Heel Drop, L Ball Change, L Scuff, R Heel Drop, L Step, Hold, R Ball Change, R Scuff, L Heel Drop, R Ball Change**
擦踢, 踏, 踏 踏, 擦踢, 踏, 踏, 候_, 踏 踏, 擦踢, 踏, 踏, 踏

1&2&3&4 Scuff L heel & lift R heel (1), drop R heel (&), step back on ball of L (2), step R in place (&), scuff L heel & lift R heel (3), drop R heel (&), step L on slight diagonal (4)
左足踵擦踢右足踵抬, 右足踵踏, 左足後踏, 右足踏, 左足踵擦踢右足踵抬, 右足踵踏, 左足略斜角踏

&5&6&7&8 Hold (&5), step R in place (&), step L in place (6) scuff R heel & lift L heel (&) drop L heel (7) step R to side (&) step L in place (8)
候, 右足踏, 左足踏, 右足踵擦踢左足踵抬, 左足踵踏, 右足右踏, 左足踏

第三段 **R Cross Rock, L Recover, R Side Triple, L Cross Rock, R Recover, L Side Triple 交叉下沉 回復, 右追步, 交叉下沉 回復, 左追步**

12,3&4 Step R across in front of left (1), recover on L (2), step R to side (3), step L beside right (&), step R to side (4)
右足於左足前交叉下沉, 左足回復, 右足右踏, 左足併踏, 右足右踏

56,7&8 Step L across in front of right (5), recover on R (6), step L to side (7), step R beside left (&), step L to side (8)
左足於右足前交叉下沉, 右足回復, 左足左踏, 右足併踏, 左足左踏

第四段 **R Cross Rock, L Recover, R Side Step, L Cross Rock, R Recover, L Side Step, R Cross Step, L Step Back, R Together, L Triple Forward**
交叉曼波, 交叉曼波, 交叉 後 併, 前交換

1&2&3&4 Step R across in front of left (1), recover on L (&), step R to side (2), step L across in front of right (&), recover on R (3), step L to side (&), step R across in front of left (4)
右足於左足前交叉下沉, 左足回復, 右足右踏, 左足於右足前交叉下沉, 右足回復, 左足左踏, 右足於左足前交叉踏

56,7&8 Step L back (5), step R beside left (6), step L forward (7), step R beside left (&), step L forward (8)
左足後踏, 右足併踏, 左足前踏, 右足併踏, 左足前踏

第五段 **R Step Diagonal Forward, Hold, L Step Together, R Step, L Touch, L Side Step, R Touch, R Side Step, L Touch (With Body Rolls)**
斜前踏, 候-併-斜前踏, 點, 踏 點 踏 點

12&34 Step R forward on diagonal (1), hold (2), step L beside right (&), step R forward on diagonal (3), touch L beside right (4)
右足斜角前踏, 候, 左足併踏, 右足斜角前踏, 左足併點

5-8 Step L to side (5), touch R beside left (6), step R to side (7), touch L beside right (8)…do this while making a body roll left on 5-6, and right on 7-8
左足左踏, 右足併點, 右足右踏, 左足併點
5-6拍身體轉向左, 7-8拍身體轉向右

第六段 Heel Switches L, R, L Ball Change, L Rock Forward, R Recover, L Coaster Step 踵收踵收踵收踏, 下沉回復, 海岸步

1&2&3&4 Touch L heel forward (1), step L beside right (&), touch R heel forward (2), step R beside left (&), touch L heel forward (3), step L back (&), step R in place (4)
左足踵前點, 左足併踏, 右足踵前點, 右足併踏, 左足踵前點, 左足後踏, 右足踏

56,7&8 Step L forward (5), recover on R (6), step L back (7), step R beside left (&) step L forward (8)
左足前下沉, 右足回復, 左足後踏, 右足併踏, 左足前踏

第七段 R Step Side, L Together, R Step Side, L Touch L step side, R together, L step side, R touch 踏 併 踏 點, 踏 併 踏 點

1-4 Step R to side (1), step L beside right (2), step R to side (3), touch L beside right (4) 右足右踏, 左足併踏, 右足右踏, 左足併點

5-8 Step L to side (5), step R beside left (6), step L to side (7), touch R beside left (8) 左足左踏, 右足併踏, 左足左踏, 右足併點

第八段 Hip Bumps, R Heel Ball Change R rock forward, L recover, R triple ½ turn推臀, 踵併踏, 下沉 回復, 轉交換

1&2&3&4 Bump hips R (1), L (&), R (2), L (&), touch R heel forward (3), step R back (&), step L in place (4)…do the hip bumps like you're making two C's with your right hip..up and down and up and down
推臀-右, 左, 右, 左, 右足踵前點, 右足後踏, 左足踏
推臀動作好像上下上下畫了兩個C

56,7&8 Step R forward (5), recover on L (6), step R in place (7), step L in place (&), step R in place (8)…do counts 7&8 while making a ½ turn right
右足前下沉, 左足回復, 右轉180度右足前踏, 左足踏, 右足踏
7&8做一個轉交換

Bonus "Look Cool" Part 酷動作

L Side Step, Hold 左踏, 候

1-8 Step L to side (1), hold (2-8)…they are usually singing "here we go now, here we go now"…so sing along, do your best "cool" look, and get ready to start again!
左足左踏, 候7拍
可以最酷的表情跟著唱here we go now, here we go now後從頭起跳

NOTE: Don't forget…you start by dancing the first 32 counts, then the last 8 counts (the look cool part)…then you start the dance again, and continue through to the end of the song doing the full 64 counts along with the last 8 counts (the look cool part).記住:一開始跳完32拍後, 跳很酷的8拍, 從頭起跳後, 以64拍加8拍跳到歌曲結束

This song is being used in Ontario, Canada for one of our lotteries, Lotto 649, and it asks for people to do their "happy dance."…so if you hear someone refer to it as the Happy Dance, this is why!
這首歌曲是加拿大安大略省樂透6/49的主題音樂, 當地人都稱它是"happy dance.", 所以也有人會說這是happy dance的原因