My My - Kpop

Count: 64

Level: Intermediate

Choreographer: Seok Wai (SG) - January 2015

Music: My My - Apink

Intro- 32 counts on heavy beat (start dance on main vocals) (Note: see video demo for styling)

*Special thanks to my teacher, John Ng for guiding me in choreographing this dance

S1: WALK R-L-R-L. HIP SWAY R-L-R-L

(Styling:Place both fists under your chin- act cute and have fun)

- 1-2 Step R forward, step L forward
- 3-4 Step R forward, step L forward
- 5-8 Sway to R side, sway to L side, Sway to R side, sway to L side

S2: BACK R-L-R-L, HIP SWAY R-L-R-L

(Styling:Place both fists under your chin- act cute and have fun)

- Step R back, step L back 1-2
- 3-4 Step R back, step L back
- 5-8 Sway to R side, sway to L side, Sway to R side, sway to L side

S3: R SIDE CHA CHA, BACK ROCK, L SIDE CHA CHA, BACK ROCK

(Styling :1 n 2 : Swing both arms (anti-clockwise), 3-4 Throw both arms to R side,

- 5&6 Swing both arms (clockwise),7-8 : Throw both arms to L side)
- 1&2 Step R to R side, step L beside R, step R to R side
- 3-4 Rock L behind R, recover on R
- 5&6 Step L to L side, step R beside L, step L to L side
- 7-8 Rock R behind L, recover on L

S4: R TOE STRUT, L TOE STRUT, MONTERY 1/2 R

(Styling: 1234 Snap your fingers)

- 1-2 Touch R forward, step R down
- Touch L forward, step L down 3-4
- 5-6 Point R to R side, 1/2 turn R step R beside L
- 7-8 Point L to L side, step L beside R

S5: R SIDE , L BEHIND, ¼ R CHA CHA, L FORWARD , PIVOT ½ L, ¼ L CHA CHA

(Styling: 567 & 8: Both arms up form a 'V' shape)

- 1-2 Step R to R side, step L behind R
- 1/4 turn R step R forward, step L behind R, step R forward 3&4
- Step L forward, pivot 1/2 L 5-6
- 7&8 1/4 turn L step L to L side, step R beside L, step L to L side

S6: TOUCH R FORWARD, HIP ROLLS, TOUCH L FORWARD, HIP ROLLS,

- (Styling :1234: Cross arms Up, 5678 : Cross arms Down)
- 1-4 Touch R forward and roll hips 4 times
- 5-8 Touch L forward and roll hips 4 times

S7: JUMP TO R. BUMP HIPS, JUMP TO L. BUMP HIPS

(Styling : 1-4 : L hand on hip ,R fist draw small circle (anti- clockwise),

- 5-8 R hand on hip, L fist draw small circle (clockwise))
- 1-4 Jump to R and bump hips to R 4 times
- 5-8 Jump to L and bump hips to L 4 times





Wall: 2

S8: KICKS R-L-R-L, HIP SWAY R-L-R-L

(Styling : 5-8 : Cross arms – use hands back rubbing face)

1&2& Kick R forward, step R beside L, kick L forward, step L beside R

3&4& Kick R forward, step R beside L, kick L forward, step L beside R

5-8 Sway to R side, sway to L side, Sway to R side, sway to L side

Restarts :-

On wall 4, Restart dance after 32 counts. **On wall 5, Restart dance after 40 counts.* ***On wall 6, Restart dance after 56 counts.*

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