

# Break Me Down

**Count:** 48

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Pizzaia Mauro (IT) - January 2015

**Music:** (No One's Gonna) Break Me Down, by Wynonna Judd



## **STOMP RIGHT, KICK, FLICK, ½ TURN LEFT, MODIFIED GRAPEVINE.**

- 1-4 Stomp up right next left, kick right diagonal left, flick right diagonal back touch foot with right hand, while turn ½ left in left foot hook right forward and touch it with left hand.
- 5-8 Step right to side, cross left behind, step right to side, hook left back and touch foot with right hand.

## **GRAPEVINE LEFT ¼ TURN LEFT, JAZZ BOX.**

- 1-4 Step left to side, cross right behind left, turn ¼ left and step left forward, kick right forward.
- 5-8 Cross right over left, step left back, right to side, cross left over right.

## **POINT RIGHT, LEFT, HEEL RIGHT, ¼ TURN LEFT STEPS BACK, HEEL, STOMP.**

- 1-4 Point right to side, right in place, point left to side, left in place, heel right forward, right in place, stomp left cross over right.
- 5-6 Turn ¼ left, step right and left back.
- &7&8 Step right back, heel forward, left next right and stomp right forward.

## **CHASSE' LEFT, SAILOR STEP TURN ¼ RIGHT, STEPS FORWARD, KICK.**

- 1&2 Step left to side, right together, step left to side.
- 3&4 Cross right behind left, ¼ turn right and step left side, step forward right.
- 5-8 Steps forward, left, right, left and kick right. ,

## **TWICE HOP TURNING LEFT, COASTER STEP, LOCK SHUFFLE, ROCK STEP**

- 1-2 Turn ½ left with the hop on the left foot and hitch right forward. Turn ½ left with the hop on right foot and hitch left forward.
- 3&4 Step back left, right beside, left forward.
- 5&6 Step right forward, lock left behind, right forward.
- 7-8 Step left forward, recover to right

## **SAILOR STEP ½ TURN, JUMPING ¾ TURN LEFT.**

- 1-3 Cross left behind right turning ½ left, step right to side, step left forward.
- 4&5&6 (turn ½ to the left by jumping), cross right over left and turn ¼ left, step left to place, turn ¼ left and step right back and kick left, left to place.
- &7-8 Turn ¼ left and step right back, kick left forward, left beside right .

**Tag, at the end of 2nd – 4th walls**

## **SOME KICK AND ½ TURN LEFT**

- 1&2 Kick right forward, right next left and left flick back.
- 3&4 Turn ¼ left and kick left forward, left next right and flick right back.
- 5&6 Turn ¼ left, step right in place and kick left, stomp left in the place.

**REPEAT WITH SMILE**

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