My Father Told Me



Count: 64 Wall: 2 Level: Intermediate

Choreographer: Ann-Charlott "Lottie" Hertzman (SWE) - February 2015

Music: The Nights - Avicii



Intro: Start on the word "once"

S1: Monterey ½, Hitch, Chasse, Behind, ¼ turn

1-4 Point R to R side, ½ turn R step R next to L, Point L to L side, L hitch

5&6 Step L to L side, Step R next to L, Step L to L side

7-8 Step R behind L, ¼ turn L step L forward

S2: Point R&L, Rockstep, ½ turn shuffle, L fwd, ¼ turn

1&2& Point R to R side, Step R next to L, Point L to L side, Step L next to R

3-4 R rock forward, Recover on to L

5&6 ¼ turn R step R side, Step L next to R, ¼ turn R step R side

7-8 Step L forward, ¼ turn R

S3: Dorothy Step L&R, Walk, Out-Out, In-In

1-2& Step L diagonal L forward, Step R behind L, Step L diagonal forward
 3-4& Step R diagonal R forward, Step L behind R, Step R diagonal forward

5-6 Walk forward L, R

&7&8 Step L to L side, Step R to R side, Step L back to centre, Step R next to L

S4: Rockstep, ¼ turn sailor step, Behind-Side-Cross, Step touch

1-2 L side rock, Recover on to R

3&4
½ turn L step L behind R, Step R next to L, Step L to L side
5&6
Step R behind L, Step L to L side, Step R cross over L

7-8 Step L to L side, Touch R next to L

S5: Heels fwd R&L,

1&2& Touch R heel forward, Step R next to L, Touch L heel forward, Step L next to R

3-4& Touch R heel forward twice, Step R next to L

5&6& Touch L heel forward, Step L next to R, Touch R heel forward, Step R next to L

7-8& Touch L heel forward twice, Step L next to R

S6: Shuffle, Rockstep, Coaster step, Fwd, 1/4 turn

1&2 Step R forward, Step L next to R, Step R forward

3-4 L forward rock, Recover on to R

5&6 Step L back, Step R next to L, Step L forward

7-8 Step R forward, ¼ turn L (weight on L)

S7: Cross shuffle, ¼ turn twice, Cross rockstep, Chasse

1&2 Cross R over L, Step L to L side, Cross R over L
3-4 ¼ turn R step L back, ¼ turn R step R to R side

5-6 L cross rock over R, Recover on to R

7&8 Step L to L side, Step R next to L, Step L to L side

S8: Fwd, ½ turn, Kickball step, Jazz box

1-2 Step R forward, ½ turn L (weigth on L)

3&4 Kick R forward, Step R next to L, Step L forward

5-8 Step R cross over L, Step L back, Step R to R side, Step L forward

Have fun on the floor!!

Dance Sequence:-Wall 1 (12.00) 64 count Wall 2 (6.00) 32 count Wall 3 (3.00) 64 count, Wall 4 (9.00) 64 count Wall 5 (3.00) 32 count

Wall 6 (12.00) 64 count

Wall 7 (6.00) 32 count

Ending: Wall 7 dance 1-32 count Turn ¼ L step R to R side "Ta-da"

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