## **Lonely Nights**



Count: 32 Wall: 4 Level: Beginner

Choreographer: Lorna Mursell (UK) - February 2015

Music: In the Still of the Night - Jack Jersey



### Start on the words "The" Night

SEC (1) CROSS ROCK, REC	CHA CHA RIGHT	. CROSS ROCK. RE	C. CHA CHA LEFT
	, 0 0	, 0. 1000 . 100. 1, . 1=	

1-2	Cross right over left,	recover on to left

3&4 Cha cha to the right, stepping right, left, right
5-6 Cross left over right, recover on to right
7&8 Cha cha to the left, stepping left, right, left

### SEC (2)FORWARD ROCK, REC, SHUFFLE 1/2 TURN RIGHT, FORWARD ROCK, REC, BACK LOCK STEP

1-2	Rock forward on right, recover on to left
3&4	Shuffle 1/2 right, stepping right, left, right
5-6	Rock forward on left, recover on to right

7&8 Step back on left, lock right in front of left, step back on left

### SEC (3) BACK ROCK, REC, PADDLE 1/8 LEFT X 2, SKATE RIGHT, LEFT

1-2	Rock back on right, recover on to left
3-4	Paddle 1/8 turn left, stepping right, left
5-6	Paddle 1/8 turn left, stepping right, left

7-8 Skate forward on right, left

\*\*\*TAG & RESTART HERE ON WALL 5 - SEE FOOTNOTE\*\*\*

### SEC (4) FORWARD ROCK, REC, COASTER STEP, PIVOT 1/2 TURN RIGHT, FORWARD SHUFFLE

1-2	Rock forward on	right recover	on to left
1-4	TOUR IOIWAID OIL	HUHL ICCOVE	OH TO ICIL

3&4 Step back on right, step left beside right, step right forward

5-6 Step forward on left, pivot 1/2 turn right

7&8 Step forward on left, step right beside left, step left forward

### TAG DURING WALL 5 (3 O'CLOCK)

# DANCE UP TO THE SKATES THEN ADD THIS 4 COUNT TAG THEN RESTART THE DANCE AGAIN FROM THE BEGINNING (3 O'CLOCK)

1-2 Rock forward on right, recover on to left Rock back on right, recover on to left