Listen To The Rhythm

Level: Absolute Beginner

Choreographer: Mike Stringer (UK) - February 2015

Music: Rhythm of the Rain - The Cascades

#16 Count Intro from main beat

Count: 32

SIDE SHUFFLE, BACK ROCK X2

- 1&2 Step right to right side, Close left next to right, Step right to right side,
- 3-4 Rock left back slightly behind right, Recover weight onto right,

Wall: 2

- Step left to left side, Close right next to left, Step left to left side, 5&6
- 7-8 Rock right back slightly behind left, Recover weight onto left

DIAGONAL STEP FORWARD, TOUCH WITH CLAP X4

- 1-2 Step right diagonally forward to right, Touch left next to right whilst clapping hands (or clicking)
- 3-4 Step left diagonally forward to left, Touch right next to left whilst clapping hands (or clicking)
- 5-6 Step right diagonally forward to right, Touch left next to right whilst clapping hands (or clicking)
- 7-8 Step left diagonally forward to left, Touch right next to left whilst clapping hands (or clicking)

ROCKING CHAIR, ¼ PIVOT, STOMP, STOMP

- 1-2 Rock right forward, Recover weight onto left
- 3-4 Rock right back, recover weight onto left
- Step right forward, Turn 1/4 turn over left shoulder, putting weight on left 5-6
- 7-8 Stomp right in place, Stomp left in place

ROCKING CHAIR, ¼ PIVOT, STOMP, STOMP

- Rock right forward, Recover weight onto left 1-2
- 3-4 Rock right back, recover weight onto left
- 5-6 Step right forward, Turn 1/4 turn over left shoulder, putting weight on left
- 7-8 Stomp right in place, Stomp left in place

BEGIN AGAIN, ENJOY, SMILE ¬

Contact: peppermintpolo1@hotmail.co.uk

