

Unchained Heart

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Mike Stringer (UK) - January 2015

Music: Unchain My Heart - Ray Charles



#16 Count Intro

SIDE, TOGETHER, SIDE TOUCH X2

- 1-2 Step right to right side, Step left next to right
- 3-4 Step right to right side, Touch left next to right
- 5-6 Step left to left side, Step right next to left,
- 7-8 Step left to left side, Touch right next to left

FORWARD, TOUCH, BACK, TOUCH, BACK TOUCH, FORWARD, BRUSH

- 1-2 Step right forward, Touch left next to right
- 3-4 Step left back, Touch right next to left
- 5-6 Step right back, Touch left next to right
- 7-8 Step left forward, Brush right foot from back to forward

WALK FORWARD RIGHT, LEFT, RIGHT, KICK LEFT, WALK BACK LEFT, RIGHT, LEFT, TOUCH

- 1-2 Walk forward on right, Walk forward on left
- 3-4 Walk forward on right, Kick left forward
- 5-6 Walk back on left, Walk back on right
- 7-8 Walk back on left, Touch right next to left (putting weight on balls of feet)

SWIVEL HEELS, TOES, HEELS, CLAP, GRAPEVINE ¼ LEFT, STOMP WITH CLAP

- 1-2 Swivel heels right, Swivel toes right
- 3-4 Swivel heels right, clap hands (putting weight on right)
- 5-6 Step left to left side, Step right behind left
- 7-8 Step forward left turning ¼ over left shoulder, Stomp right next to left as you clap (or click)

BEGIN AGAIN, ENJOY, SMILE

Contact: peppermintpolo1@hotmail.co.uk