Nasi Bekepor

Count: 64

Level: Phrased Intermediate

Choreographer: Roosamekto Mamek (INA) - March 2015

Music: Nasi Bekepor by Nadira Arisanty

Intro: 32 count

Sequences: A, bridge 1, B, bridge 2, A, bridge 1, B, bridge 2, TAG, A, bridge 1, B, bridge 2, A, bridge 1, B A (Always start facing 12:00) B (Always start facing 06:00)

B (Always start lacing 00.00)

Choreographer's note: For advanced dancers, you may change all the forward & back shuffle to forward locked & back locked shuffle. TQ

A.1: CROSS/ROCK, RECOVER, TOUCH, SIDE STEP

- 1-4 Cross/Rock R over L Recover on L Touch R beside L Step R to side
- 5-8 Cross/Rock L over R Recover on R Touch L beside R Step L to side

A.2: WEAVE, CROSS SHUFFLE, SIDE ROCK, RECOVER

- 1-4 Cross R over L Step L to side Cross R behind L Step L to side
- 5&6 Cross R over L Step L to side Cross R over L
- 7-8 Rock L to side Recover on R

A.3: WEAVE, CROSS SHUFFLE, SIDE ROCK, RECOVER

- 1-4 Cross L over R Step R to side Cross L behind R Step R to side
- 5&6 Cross L over R Step R to side Cross L over R
- 7-8 Rock R to side Recover on L

A.4: JAZZ BOX TURN 1/4 RIGHT (2X)

- 1-4 Cross R over L Turn ¼ right step L back Step R to side Step L forward
- 5-8 Cross R over L Turn ¼ right step L back Step R to side Step L forward

BRIDGE 1: ROCKING CHAIR

1-4 Rock R forward – Recover on L – Rock R back – Recover on L

B.1: SWITCH TOUCHES, RIGHT LINDY

- 1-4 Touch R to side Touch R beside L Touch R to side Touch R beside L
- 5&6 Step R to side Step L together Step R to side
- 7-8 Rock L back Recover on R

B.2: SWITCH TOUCHES, LEFT LINDY

- 1-4 Touch L to side Touch L beside R Touch L to side Touch L beside R
- 5&6 Step L to side Step R together Step L to side
- 7-8 Rock R back recover on L

B.3: WALK FORWARD R-L, FORWARD SHUFFLE, FORWARD, PIVOT TURN 1/2 RIGHT, FORWARD SHUFFLE

- 1-2 Step forward R Step forward L
- 3&4 Step R forward Step L together Step R forward
- 5-6 Step L forward Turn ½ right
- 7&8 Step L forward Step R together Step L forward

B.4: WALK FORWARD R-L, FORWARD SHUFFLE, ROCK FORWARD, RECOVER, BACK SHUFFLE





Wall: 1

- 1-2 Step R forward Step L forward
- 3&4 Step R forward Step L together Step R forward
- 5-6 Rock L forward Recover on R
- 7&8 Step L back Step R together Step L back

BRIDGE 2: STEP TO SIDE WITH HIPS SWAY RIGHT, SWAY LEFT, SWAY RIGHT, SWAY LEFT

1-4 Step R to side sway hip right – Sway hips left – Sway hips right – Sway hips left

REPEAT

TAG: End of wall 2 (after you do the bridge 2)

CROSS, SIDE, CROSS SHUFFLE

- 1-2 Cross R over L Step L to side
- 3&4 Cross R over L Step L to side Cross R over L
- 5-6 Cross L over R step R to side
- 7&8 Cross L over R Step R to side Cross L over R

For Song & Step Sheet, please contact: Roosamekto.Nugroho@gmail.com