Hot Spot (熱力四射) (zh)

Count: 64 **Wall:** 4 **Level:** Intermediate

Choreographer: Team International, Robert Lindsay (UK), Paul McAdam (UK) & Peter Metelnick (UK) - 2008年10月

Music: Rock That Man In The Boat - Chuck Strong : (It's a long song and we faded it out around the 3:45 mark)

前奏： Start after 32 counts on verse vocals

第一段 **L Side Rock & Recover, L Together-R Side-L Together, R Side Rock & Recover, R Behind, ¼ L & L Forward, R Forward**
左下沉回復, 左併-右側-丘併, 右下沉回復, 右後, 左1/4左前, 右前

1-2& Rock side L, recover weight on R, step L together
左足左下沉, 右足回復, 左足併踏

3-4 Step R side, step L together
右足右踏, 左足併踏

5-6 Rock R side, recover weight on L 右足右下沉, 左足回復

7&8 Cross step R behind L, turning ¼ left step L forward, step R forward (9 o'clock)
右足於左足後交叉踏, 左轉90度左足前踏, 右足前踏(面向9點鐘)

第二段 **L Fwd Rock & Recover, L Together, R Fwd, ½ L Pivot Turn, L Fwd Full Turn, R Step/Lock/Step**
左前下沉回復, 左併, 右前, 左1/2, 左轉圈, 右前鎖步

1-2& Rock L forward, recover weight on R, step L together
左足前下沉, 右足回復, 左足併踏

3-4 Step R forward, pivot ½ left
右足前踏, 左軸轉180度(面向3點鐘)

5-6 Turning ½ left step R back, turning ½ left step L forward (3 o'clock)
左轉180度右足後踏, 左轉180度左足前踏(面向3點鐘)

7&8 Step R forward, lock L behind R, step R forward
右足前踏, 左足於右足後鎖踏, 右足前踏

第三段 **¼ R & L Side, R Together & L Side Flick, L Fwd, R & L Apart & Hold, R Ball Cross Point, R Sailor Step**
右1/4左踏, 右併左抬, 左前, 外 外 候, 右踏 交叉 點, 水手步

&1 Turning ¼ right step L side, stepping R together swing L foot out to side 右轉90度左足左踏(面向6點鐘), 右足併踏左足左抬

2 Turning to R diagonal (7:30) step L forward
右斜角轉左足前踏(面向7:30)

&3-4 Step R back & apart, step L apart, hold
右足右後踏, 左足左踏, 候

&5-6 Step R back, cross step L over R, point R side
右足後踏, 左足於右足前交叉踏, 右足右點

7&8 Cross step R behind L, step L side, step R side (still on diagonal)
右足於左足後交叉踏, 左足左踏, 右足右踏(仍面向斜角)

第四段 **L Fwd, ½ R Pivot Turn, ½ R Turn & L Back, R Together & Push, L Cross Over, R Side, L Behind/Side/Cross**
左前, 右1/2, 右1/2後踏, 右併推, 左前交叉, 右踏, 左後-旁-交叉

1-2 On same diagonal step L forward, pivot ½ right (1:30)
面向斜角左足前踏, 右軸轉180度(面向1:30)

3-4 Turning ½ right step L back, step R together & push left & back with weight remaining on R (7:30)
右轉180度左足後踏, 右足併踏左後推臀重心在右足(面向7:30)

5-6 Cross step L over R squaring off to wall (6 o'clock), step R side
左足於右足前交叉踏(轉回正面向6點鐘), 右足右踏

7&8 Cross step left behind R, step R side, cross step L over R
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏

第五段

R Tap Side Press Recover, R Sailor Step, L Fwd Hold, R Together, L Fwd & R Scuff 右點, 左壓, 水手步, 左前 候, 右併, 左前右擦踢

&1-2 Tap R together, press R to side, recover weight on L
右足併點, 右足右壓踏, 左足回復

3&4 Cross step R behind L, step L side, step R side
右足於左足後交叉踏, 左足左踏, 右足右踏

5-6& Step L forward, hold (optional 'who's your daddy slap – right hand on right cheek), step R together
左足前踏, 候, 右足併踏

7-8 Step L forward, scuff R forward
左足前踏, 右足前擦踢

第六段

R Jazz Box Ball Cross Point, ¼ R & L Point, L Together, R Point, ¼ R & L Point, L Hitch & Step Forward
右爵士方塊交叉 點, 右1/4 左點, 左併, 右點, 右1/4 左點, 左抬 前

1-2 Cross step R over L, step L back
右足於左足前交叉踏, 左足後踏

&3-4 Step R back, cross step L over R, point R side
右足後踏, 左足於右足前交叉踏, 右足右點

&5 turning ¼ right step R together, point L side
右轉90度右足併踏, 左足左點

&6 Step L together, point R side
左足併踏, 右足右點

&7 Turning ¼ right step R together, point L side
右轉90度右足併踏, 左足左點

&8 Hitch L knee, step L forward (12 o'clock)
左膝抬, 左足前踏(面向12點鐘)

第七段

½ R Turn, R Coaster Step, ½ L Turn, L Coaster Step
右1/2, 海岸步, 左1/2, 海岸步

1-2 Step R forward turning toes out (extended 5th), turning ½ right step L back 右足前踏至第五位置, 右轉180度左足後踏

3&4 Step R back, step L together, step R forward
右足後踏, 左足併踏, 右足前踏

5-6 Step L forward turning toes out (extended 5th), turning ½ left step R back 左足前踏至第五位置, 左轉180度右足後踏

7&8 Step L back, step R together, step L forward (12 o'clock)
左足後踏, 右足併踏, 左足前踏(面向12點鐘)

第八段

Jazz Jump Fwd, Jazz Jump Back, R Cross Step, L Back, R Ball Cross, Unwind ¾ R
爵士前踏, 爵士後踏, 右交叉踏, 左後, 右踏併, 右轉3/4

&1-2 Step R forward, step L apart, hold (clap)
右足前踏, 左足左踏, 候(拍手)

&3-4 Step R back, step L apart, hold (clap)
右足後踏, 左足左踏, 候(拍手)

5-6	Cross step R over L, step L back 右足於左足前交叉踏, 左足後踏
&7-8	Step R back, cross step L over R, unwind ¾ right with weight on R (9 o'clock) 右足後踏, 左足於右足前交叉踏, 右轉270度重心在右足(面向9點鐘)