

# All About That Bass

**COPPER** KNOB  
STEPPERS

Count: 64

Wall: 4

Level: Easy Intermediate

Choreographer: Pooi Kuan (MY) - January 2015

Music: All About That Bass - Meghan Trainor



Dance start – after 32 counts (4x8)

## Section 1: ☐ Step Together Step Touch 2x

1 2 3 4 Step RF to R, Step LF together, Step RF to R, Touch LF beside RF  
5 6 7 8 Step LF to L, Step RF together, Step LF to L, Touch RF beside LF

## Section 2: ☐ Cross Rock Recover Side Chasse 2x

1 2 3&4 Cross RF over LF, recover on left, Right Chasse RF,LF,RF  
5 6 7&8 Cross LF over RF, recover on right, Left chasse LF,RF,LF

## Section 3: ☐ Touch Step, Walk Back

1 2 3 4 Touch RF forward, Step on RF, Touch LF forward, Step on LF  
5 6 7 8 Walk Back on RF,LF,RF, LF Step together.

## Section 4: ☐ Paddle, Paddle, Jazz Box 1/4R Turn

1 2 3 4 Step RF forward, 1/4L Turn, Step RF Forward, 1/4L Turn,  
5 6 7 8 Cross RF over LF, Step LF Back, 1/4R Turn Step RF to R, Step LF beside RF

## Section 5: ☐ Right Twist-Clap, Left Rolling Vine-Clap

1 2 3 4 Step RF to R at the same time swivel heel to R,L,R, Clap  
5 6 Turn 1/4L Step LF forward, Turn 1/4L Step RF to R,  
7 8 Turn 1/2L Step LF to L, clap

## Section 6: ☐ Small Jump Forward, Back, Right, Left

1 & 2 Step RF Forward, Step on ball on LF, Step RF in place  
3 & 4 Step LF Back, Step on ball on RF, Step LF in place  
5 & 6 Step Jump RF to R, Step on ball on LF, Step RF in place  
7 & 8 Step LF to L, Step on ball on RF, Step LF in place

## Section 7: ☐ Forward, Pivot 1/2L, Shuffle Forward, Touch Step

1 2 3&4 Step RF Forward, 1/2L Turn, forward shuffle on RF,LF,RF,  
5 6 7 8 Touch LF diagonally L, Step LF beside RF, Touch RF diagonally R, Step RF beside LF

## Section 8: ☐ Heel Bounce, Side Slap, Knee Slap, Cross Arms, Hands Up

1 2 3 4 Both heels bounce four time  
(Cross arms in front of body touch shoulders, Open arms touch shoulder, Cross arms in front of tummy touch hips, open arms touch hips)  
5 6 Flick RF back slap foot with Right hand, hitch Right Knee slap knee with Left hand  
7 & 8 Cross arms in front of body touch shoulders, Open arms touch shoulder, both hands up

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