

Loving Arms

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Annette Skaff (CAN) - March 2015

Music: Thinking Out Loud - Ed Sheeran



Intro: 32 Counts

STEP SIDE RIGHT, CROSS LEFT OVER, ROCK SIDE RIGHT RECOVER CROSS, BALL CROSS, STEP SIDE LEFT, RIGHT SAILOR

1,2 Step side right, cross left over right
3&4 Rock side right, recover, cross right over left
&5,6 Step on ball of left, cross right over left, step side left
7&8 Cross right behind left, step side left, step together on right
(Restart here after walls 3 and 7 adding an "&" count by stepping on left)

SYNCPATED WEAVE THREE, ¼ LEFT STEPPING BACK RIGHT, HALF TURN LEFT, SHUFFLE FORWARD RIGHT, LEFT MAMBO FORWARD

1&2 Cross left behind right, step side right, cross left over right
3,4 Make ¼ turn left stepping back right, make ½ turn left stepping forward left
5&6 Shuffle forward right, left, right
7&8 Rock forward left, recover right, step left beside right

RIGHT LOCK BACK, SHUFFLE ½ TURN LEFT, LEFT CHASE TURN, WALK LEFT, RIGHT

1&2 Step back right, lock left in front of right, step back right
3&4 Shuffle left, right, left making ½ turn left
5&6 Step forward right, pivot ½ turn left stepping on left, step forward right
7,8 Walk forward left, right (optional full turn right)

ROCK FORWARD LEFT, RECOVER, LEFT COASTER CROSS, ROCK SIDE RIGHT RECOVER CROSS, RIGHT HEEL JACK, BALL CROSS

1,2 Rock forward left, recover right
3&4 Step back left, step together on right, cross left over right
5&6 Rock side right, recover left, cross right over left
&7&8 Step back on left, touch right heel forward, step together on ball of right foot, cross left over right

RESTARTS End of walls 3 and 7 (both facing 9 o'clock wall)

Dance the first 8 counts of the dance adding an "&" count stepping on the left

Ending: After the chase turn in wall 10, cross left over right and unwind ½ turn right to face the front

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