Moments

Level: Easy Intermediate

Choreographer: Gaye Teather (UK) - May 2015 Music: Moments - Emerson Drive

#16 count intro - Single track release available to download from iTunes Mambo forward. Mambo back. Step. Pivot half turn Left. Step. Triple full turn Right (travelling forward) 1&2 Rock forward on Right. Recover onto Left. Step back on Right 3&4 Rock back on Left. Recover onto Right. Step forward on Left 5&6 Step forward on Right. Pivot half turn Left. Step forward on Right 7&8 Half turn Right stepping back on Left. Half turn Right stepping forward on Right. Step forward on Left (Facing 6 o'clock) Together. Forward rock. Quarter turn Left behind-side-cross. Sway. Sway. Behind-side-cross &1 – 2 Step Right beside Left. Rock forward on Left. Recover onto Right 3&4 Quarter turn Left sweeping Left behind Right. Step Right to Right side. Cross Left over Right (Facing 3 o'clock) 5 - 6Step Right to Right side swaying hips Right. Recover onto Left swaying hips Left 7&8 Cross Right behind Left. Step Left to Left side. Cross Right over Left *At this point during wall 7 (facing 3 o'clock) add the following 2 counts and start again from beginning facing 12 o'clock. Quarter turn Left stepping forward on Left (1). Touch Right beside Left (2) Side. Left. Cross rock. Side Right. Cross rock. Quarter turn Left. Right lock forward. Left side rock & cross &1-2 Small step to Left on Left. Cross rock Right over Left. Recover onto Left & 3 - 4Small step to Right on Right. Cross rock Left over Right. Recover onto Right &5&6 Quarter turn Left stepping forward on Left. Step forward on Right. Lock Left behind Right. Step forward on Right (Facing 12 o'clock) 7&8 Rock Left to Left side. Recover onto Right. Cross Left over Right Sway. Sway. Sailor step. Mambo half turn Left. Prissy walks/sweeps forward x 2 1 - 2Step Right to Right side swaying hips Right. Recover onto Left swaying hips Left *At this point during walls 3 & 6 (facing 12 o'clock both times) add 2 extra sways and restart from beginning 3&4 Cross Right behind Left. Step Left to Left side. Step forward on Right 5&6 Rock forward on Left. Recover onto Right. Half turn Left stepping forward on Left (Facing 6 o'clock) 7 - 8Sweep Right over Left. Sweep Left over Right (travelling slightly forward)

Start again





Count: 32 Wall: 2