The Heartbeat Dance



Count: 32 Wall: 4 Level: Improver

Choreographer: Beatrice Andersson (SWE) - May 2015

Music: Heartbeat Song - Kelly Clarkson



Intro: 36 counts

S1: Step turn step, Hold, Triple full turn fwd, Hold

1-4 Step forward on R , Turn ½ to left , Step forward on R , Hold .

5-8 Turn ½ stepping back on L, Turn ½ stepping forward on R, Step forward on L, Hold . (6)

S2: Mambo step, Hold, Coaster step, Hold

1-4 Rock forward on R, Recover onto L, Step R beside L, Hold.
5-8 Step back on L, Step R beside L, Step forward on L, Hold. (6)

S3: Lockstep R fwd, Scuff, Lockstep L fwd, Scuff

Step forward on R, Lock L behind R, Step forward on R, Scuff Lfoot.
Step forward on L, Lock R behind L, Step forward on L, Scuff R foot. (6)

S4: Toe strut x2, Monterey R, Monterey 1/4

1-4 Step forward on R toe, Drop R heel, Step forward on L toe, Drop L heel.

5-8 Point R to right side, Step R beside L, Turn ¼ right and point L to left side, Step L beside R.

(9)

Tag after wall 10:

1-4 Step forward on R, Turn ¼ to left, Step forward on R, Turn ¼ to left.

Start the dance from the top again.

Contact: beaandersson61@gmail.com