# Accion Y Reaccion

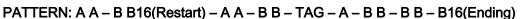


Count: 64 Wall: 2 Level: Phrased High Beginner, Cumbia

Nortena

Choreographer: Anthony Kusanagi (INA) - June 2015

Music: Accion Y Reaccion - Thalia



INTRO: Start dancing after 32 counts since the music has begun.

#### **SECTION A:**

#### A.I. WIZARD STEP - TWIST

1-2 R step forward diagonally to right on heel (01.30), L lock behind R

3-4 R step forward diagonally to right on heel, L step next to R

5-6-7-8 twist both legs on ball to right, left, right, left (01.30)

### A.II. WIZARD STEP - TWIST

1-2 L step forward diagonally to left on heel (10.30), R lock behind L

3-4 L step forward diagonally to left on heel, R step next to L 5-6-7-8 twist both legs on ball to left, right, left, right (10.30)

# A.III. PIVOT 1/2 - FORWARD WALK - OUT-IN STEP

1-2 R step forward (12.00), turn ½ to left then L step forward (06.00)

3-4 R step forward, L step forward

5-6 R step out forward slightly diagonal to right, L step out forward slightly diagonal to left

7-8 R step in backward, L step next to R (06.00)

#### A.IV. SIDE STEP - TOUCH - JAZZ BOX

1-2 R step to side, L touch next to R 3-4 L step to side, R touch next to L

(Intermediate option: count 1-2-3-4 above can be replaced with the SKATE)

5-6 R cross over L, L step backward 7-8 R step to side, L step forward

#### **SECTION B:**

## B.I. SYNCOPATED SIDE ROCK WITH HIP ACTION - PADDLE

1& R step to side, recover to L 2& R step to side, recover to L 3& R step to side, recover to L 4& R step to side, recover to L

(NOTE: Use hip action while dancing this Syncopated Side Rock) R step forward, turn ¼ to left the recover to L (09.00) 5-6

7-8 R step forward, turn ¼ to left the recover to L (06.00)

## B.II. LEG ACTION: TOUCH - SWIVEL - SIDE FLICK - SWING - FLICK BACK

1-2 R touch forward, R touch forward

3-4 R swivel out to right on toe/ball, R swivel in to left on toe/ball

R flick to side, R touch forward, R flick to side 5&6

(Hand style: R hand pats R foot while flicking on side)

R swing forward, R step next to L and L flick backward

# B.III. COASTER STEP - FORWARD WALK - PIVOT ½ - STEP FORWARD

1&2 L step backward, R step next to L, L step forward

3-4 R step forward, L step forward

# (Intermediate option: count 3-4 above can be replaced with the CHICKEN WALK)

7-8 R step forward, turn ½ to left then L step forward (12.00)
R step forward, turn ½ to left then L step forward (06.00)

## **B.IV. BACHATA STEP**

1-2 R step to side, L step next to R

R step to side with hip action to right, L hip bump to side on ball

5-6 L step to side, R step next to L

7-8 L step to side with hip action to left, R hip bump to side on ball

# RESTART: Dance normally until Section B.II, count 6. For a nice Restart, replace count 7-8 with below:

7-8 R step next to L, L step next to R

# TAG:

1-2 R step to side with hip action to right, L hip bump to left on ball
3-4 L step to side with hip action to left, R hip bump to right on ball

ENDING: Dance normally until Section B.II, count 8. Then finish the dance with a nice pose for the ending.

# **ENJOY THE DANCE, HAPPY LINEDANCING**

For more Information, please contact me on: anthonymld.ina@gmail.com