Count: 32
Wall: 4
Level: Intermediate
Choreographer: Julia Wetzel (USA) - June 2015
Music: If You Are - Alyssa Reid : (Album: If You Are - Single - iTunes)

Please contact me for the music if you don't reside in Canada --Thanks to Christina Chui for getting this song for me --

Intro: 16 counts, start on vocals (approx. 11 seconds into track)
[1-8] $\square$ Side Rock, Cross Shuffle, Side, $1 / 2$, Step, Lock, Step $\square$
1,2 Rock $R$ to right side (1), Recover on $L$ (2) $\square$ 12:00
3\&4 Cross R over L (3), Step L to left side (\&), Cross R over L (4) $\square 12: 00$
$5,6 \quad$ Step $L$ to left side (5) (prepare to turn right on $L$ ), $1 / 2$ Turn right step $R$ fw (6) $\square 6: 00$ 7\&8 Step L fw (7), Lock R behind L (\&), Step L fw (8) $\square 6: 00$
*Restart after here on Wall 3 facing 12:00
[9-16] $\square$ Rock, Back, Touch, Back, Touch, Back Rock, 1⁄2, Back, Back $\square$
1, $2 \quad$ Rock R fw (1), Recover on L (2) $\square 6: 00$
\&3\&4 Step R back (\&), Touch L toe fw (3), Step L back (\&), Touch R toe fw (4) $\square 6: 00$
5-7 Rock R back (5), Recover on L (6), $1 / 2$ Turn left step $R$ back (7) $\square 12: 00$
8\& Step $L$ back (8), Small step back on $R(\&)$ (prepare to explode into upcoming $1 / 2$ turn sweep) $\square 12: 00$
[17-24] $\square 1 / 2$ Sweep, Cross, Back, Lock, Back, $1 / 2$, Step, $1 / 4$ Pivot, Cross, Touch $\square$
1, $2 \quad$ Strong $1 / 2$ turn left step $L$ fw sweeping $R$ from back to front (1), Cross R over $L$ (2) $\square 6: 00$
3\&4 Step L back (3), Lock R over L (\&), Step L back (4) ) (prepare to turn right on L) $\square 6: 00$
5
½ Turn right step $R$ fw (5) $\square 12: 00$
6\&7 Step L fw (6), Pivot $1 / 4$ turn right step R to right side (\&), Cross L over R (7) $\square 3: 00$
$8 \quad$ Touch R next to $\mathrm{L}(8) \square 3: 00$
[25-32] $\square$ Side Rock, \&Point, \&Point, Back Sweep, Behind, Side, Cross, Rev. Rolling Turn $\square$
1, $2 \quad$ Rock $R$ to right side (1), Recover on L (2) $\square 3: 00$
\& 3\&4 Step R next to $L(\&)$, Point $L$ to left side (3), Step $L$ next to $R(\&)$, Point $R$ to right side (4) $\square 3: 00$
$5 \quad$ Step $R$ back and sweep $L$ from front to back (5) $\square 3: 00$
6\&7 Step L behind R (6), Step R to right side (\&), Cross L over R (7) $\square 3: 00$
8\& $\quad 1 / 4$ Turn left step $R$ back (8), $1 / 2$ Turn left step $L$ fw (\&) $\square 6: 00$
$1 \quad 1 / 4$ Turn left rock $R$ to right side (Count 1 of next wall) $\square 3: 00$
Easier Option (8\&1): Step $R$ to right side (8), Cross L over R (\&), Rock R to right side (1) $\square$
Restart $\square$ On Wall 3, dance up to Count 8 (Step L fw facing 12:00), then start Wall 4 facing 12:00
Tag $\square$ At the end of Wall 6, repeat the last 8 counts of the dance (Counts 25-32) facing 9:00 $\square$
Contact: JuliaLineDance@gmail.com, www.JuliaWetzel.com

