

# No Woman No Cry

Count: 32

Wall: 4

Level: Beginner

Choreographer: Muki Matchir Royal (INA) - July 2015

Music: No Woman No Cry - Boney M. : (2000)



Intro : 32 Count □ Start On : No Woman No Cry

## #1. □ Prizzy Walk – R Chase – Prizzy Walk – L Chase

- 1-2 . □ Step R forward cross, step L forward
- 3&4 . □ Step R to side, step L beside R, step R to side
- 5-6 . □ Step L forward cross, step R forward
- 7&8 . □ Step L to side, step R beside L, step L to side

## #2. □ Jazz Box Turn ¼ Right – Rocking Chair

- 1-2 . □ Cross R over L, Turn ¼ R Step L Back
- 3-4 . □ Step R to side, Step L forward □ □ □ ( 03.00 )
- 5-6 . □ Step R forward, Recover on L
- 7-8 . □ step R backward, Recover on L

## #3. □ Side – Beside – R Chase – Turn ½ Right – Side – Beside – L Chase

- 1-2 . □ Step R to side, Step L beside R
- 3&4 . □ Step R to side, Step L beside R, Step R to side
- 5-6 . □ Turn ½ R Step L to side, Step R beside L □ ( 09.00 )
- 7&8 . □ Step L to side, Step R beside L, Step L to side

## #4. □ Touch Heel – Touch – R Chase – Touch Heel – Touch – L Chase

- 1-2 . □ Touch Heel R forward, Touch R beside L
- 3&4 . □ Step R to side, Step L beside R, Step R to side
- 5-6 . □ Touch Heel L forward, Touch L beside R
- 7&8 . □ Step L to side, Step R beside L, Step L to side

NO TAG NO RESTART

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