## Jump In



Count: 104 Wall: 1 Level: Phrased Intermediate

Choreographer: Jennifer Jou (TW) - August 2015

Music: Jump In - A-Mei (張惠妹)

Sequence: INTRO / A(80) / B / C / INTRO / A(17-80) / B / C / INTRO

Introduction: 32 counts

[[[ INTRO DANCE : 16 COUNTS ]]]

[1-8]□(CROSS OVER, HOLD) \* 2, FORWARD, HOLD, PIVOT 1/2 LEFT, HOLD

1-4 Cross step RF over LF, hold, cross step LF over RF, hold

5-8 Step RF forward, hold, pivot 1/2 turn left recovering onto LF, hold (6:00)

[9-16]□(CROSS OVER, HOLD) \* 3, FORWARD, PIVOT 1/2 RIGHT

1-4 Cross step RF over LF, hold, cross step LF over RF, hold,

5-8 Cross step RF over LF, hold, step LF forward, pivot 1/2 turn right (weight on LF) (12:00)

[[[ PART A: 80 COUNTS ]]]

Section A1 : [1-8]□TOUCH, ROLL HIPS, STEP, (CROSS OVER, HOLD) \*2

1-4 Touch right toe forward, roll hips clockwise twice, step right heel down

5-8 Cross step LF over RF, hold, cross step RF over LF, hold

Section A2: [9-16] CROSS OVER, HOLD, CROSS OVER, RECOVER, (CROSS OVER, HOLD) \* 2

1-2 Cross step LF over RF, hold

3-4 Cross step RF over LF, recover onto LF

5-8 Cross step RF over LF, hold, cross step LF over RF, hold

Section A3: [17-24]□(CROSS OVER, POINT) \*2, (CROSS OVER, IN PLACE, CROSS OVER) \*2

1-4 Cross step RF over LF, point LF to left side, cross step LF over RF, point RF to right side

Cross step RF over LF, step LF in place, cross step RF over LF
Cross step LF over RF, step RF in place, cross step LF over RF

Section A4: [25-32] SIDE, IN PLACE, 1/4 TURN RIGHT, BACK, RECOVER, TOE SWITCHES

1-4 Step RF to right side, step LF in place putting the palms together in front of chest, make 1/4

turn right stepping RF back, recover onto LF (3:00)

Touch right toe forward, step RF beside LF, touch left toe forward, step LF beside RF Touch right toe forward, step RF beside LF, touch left toe forward, step LF beside RF

Section A5: [33-40]□FORWARD, 1/4 TURN LEFT, IN PLACE, SIDE, IN PLACE, OUT, OUT, OUT, OUT

1-2 Step RF forward, make 1/4 turn left stepping LF in place (12:00)

3-4 Step RF to right side, step LF in place

Optional Arm Movement: (3-4)

Arms are bent at the elbow with palms facing yourself. Wave your palms alternately up and down

5-6 Step RF out to right side with both hands spread wide and down, step LF out to left side with

hands crossed on left diagonal

7-8 Step RF out to right side with both hands spread wide and down, step LF out to left side with

hands crossed on left diagonal

Section A6: [41-48] 1/4 TURN LEFT, TOUCH, ROLL HIPS TWICE, FOUR STEPS THREE QUARTER

TURN LEFT (R-L-R-L)

1-4 Make 1/4 turn left, touch right toe to right side, roll hips to right side twice (9:00)

5-8 Make 3/4 turn left by stepping forward four steps (R-L-R-L) (12:00)

Section A7 : [49-56] ☐ (TOE-FANS, HOLD, LEAP, STEP) \* 2

1-3	Move both right and left toes out to two sides, move toes back together, hold
&4	Leap LF in place, step RF in place
5-7	Move both right and left toes out to the sides, move toes back together hold
&8	Leap LF in place, step RF in place
Section A8 : [57	7-64]□TOE-FANS, HOLD, LEAP, STEP, SWEEPS, TURN HEAD
1-3	Move both right and left toes out to two sides, move toes back together, hold
&4	Leap LF in place, step RF in place
5-7	Sweep LF out and around from front to back, sweep RF out and around from front to back,
0 1	sweep LF out and around from front to back,
&8	Turn your head left and look at back thought left shoulder
Section A9 : [65 FORWARD	5-72]□(LEAP FORWARD, STEP) * 3, TOGETHER, (LEAP FORWARD, STEP) * 3,
Make upper par	t of body 1/8 turn left facing 10:30 and do the followings steps:
1&2&	Leap RF forward, step the ball of LF forward, leap RF forward, step the ball of LF forwrd
3&4	Leap RF forward, step the ball of LF forward, step RF beside LF
Make upper par	t of body 1/4 turn right facing 1:30 and do the followings steps:
5&6&	Leap LF forward, step the ball of RF forward, leap LF forward, step the ball of RF forward
7&8	Leap LF forward, step the ball of RF forward, step LF forward
	73-80]□SIDE & SHAKE HEAD, SLAP THIGHS, CROSS OVER, RECOVER, CROSS OVER, ACK, DRAG) * 2
1-2	Step RF to left side and shake your head, slap thighs (on the slap, change weight to LF)
3&4	Cross step RF over LF, recover onto LF, cross step RF over LF
5-8	Rock LF diagonal back, drag RF toward LF, rock RF diagonal back, drag LF toward RF
	Trook Er diagonal baok, drag til toward Er, rook til diagonal baok, drag Er toward til
-	COUNTS ]]] 8]□JUMP LEFT, TOUCH TOGETHER, JUMP RIGHT, TOUCH TOGETHER, LARGE SIDE JUMP RIGHT, TOUCH TOGETHER, JUMP LEFT, TOUCH TOGETHER, LARGE SIDE STEP,
&1&2	Jump LF to left side, touch RF beside LF, jump RF to right side, touch LF beside RF
3-4	Take a large step on LF to left side, drag RF toward LF
&5&6	Jump RF to right side, touch LF beside RF, jump LF to left side, touch RF beside LF
7-8	Take a large step on RF to right side, drag LF toward RF
-	16] JUMP LEFT, TOUCH TOGETHER, JUMP RIGHT, TOUCH TOGETHER, LARGE SIDE WALK*3 (R-L-R), PIVOT 1/2 TURN LEFT
&1&2	Jump LF to left side, touch RF beside LF, jump RF to right side, touch LF beside RF
3-4	Take a large step on LF to left side, drag RF toward LF
5-8	Walk forward on RF, walk forward on LF, walk forward on RF, □pivot 1/2 turn left recovering onto LF (6:00)
	7-24]□JUMP RIGHT, TOUCH TOGETHER, JUMP LEFT, TOUCH TOGETHER, LARGE SIDE JUMP LEFT, TOUCH TOGETHER, JUMP RIGHT, TOUCH TOGETHER, LARGE SIDE STEP,
&1&2	Jump RF to right side, touch LF beside RF, jump LF to left side, touch RF beside LF
3-4	Take a large step on RF to right side, drag LF toward RF
&5&6	Jump LF to left side, touch RF beside LF, jump RF to right side, touch LF beside RF
7-8	Take a large step on LF to left side, drag RF toward LF
-	5-32]□JUMP RIGHT, TOUCH TOGETHER, JUMP LEFT, TOUCH TOGETHER, LARGE SIDE WALK * 3 (L-R-L), PIVOT 1/2 TURN RIGHT
-	·

5-8 Walk forward on LF, walk forward on RF, walk forward on LF, pivot 1/2 turn right recovering

onto RF (12:00)

[[[ PART C : 32 COUNTS ]]]

Section C1 : [1-8]□1/4 TURN RIGHT, (SIDE, FLICK) \* 3, TWIST HEELS

&1&2 Make 1/4 turn right stepping the ball of LF to left side, flick RF behind LF, □step the ball of

RF to right side, flick LF behind RF (3:00)

3&4 Step LF to left side and twist both heels to the left, twist both heels to the right, twist both

heels to the left

&5&6 Step the ball of RF to right side, flick LF behind RF, step the ball of LF to left side, flick RF

behind LF

7&8 Step RF to right and twist both heels to the right, twist both heels to the left, twist both heels

to the right

Section C2: Repeat Section 1 (6:00)

Section C3: Repeat Section 1 (9:00)

Section C4: Repeat Section 1 (12:00)

Enjoy it!!

Contact: chou450819@yahoo.com.tw