| | W | orth | lt |
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Count: 32

Wall: 2

Level: Newcomer / Novice

Choreographer: Kitija Vāvere (LAT) - August 2015

Music: Worth It (feat. Kid Ink) - Fifth Harmony

| STEP, FLICH ARM MOVE | K, STEP SIDE, HEEL TWIST, STEP ¼ L, STEP TOGETHER,SHOULDER ROLL, HEEL TWIST, MENT |
|-------------------------|---|
| 1 | RF⊡Step forward |
| & | LF□Flick behind RF |
| 2 | LF⊡Step to L |
| & | LF Bring heel in |
| 3 | LF Step on foot 1/4 to L |
| & | RF⊡flick back |
| 4 | RF⊡Step beside LF |
| 5 | Bring left shoulder down, right shoulder up, making circle with chest (counterclockwise) |
| 6 | Bring right shoulder down, left shoulder up, finishing circle with chest |
| 7 | RF□ Step to R |
| & | RF Twist heel out, pushing right arm to R with left arm |
| 8 | Twist heel in, bring arm back |
| & | Bring weight on RF, LF step next to RF, bringing both hands straight in front of chest (L arm over R arm) |
| PAUSE, HEA | AD MOVEMENT, BIG STEP ¼ L, TOUCH, KNEE BEND R,L,R 2X |
| 9 | Pause |
| 10 | Head wave (like saying □ "hey") |
| 11 | LF \Box Step big step 1/4 L, bring both hands down \Box (6:00) |
| 12 | RF□Touch next to LF |
| 13 | RF⊡Bend knee diagonally R □(with L arm brush R shoulder) |
| 14 | LF□□Bend knee diagonally L (with R arm brush L shoulder) |
| 15 | RF⊡Bend knee diagonally R □(punch R arm to R,and L arm forward) |
| 16 | $RF\BoxBend$ knee diagonally $\BoxR(punch\ R\ arm\ to\ R,and\ L\ arm\ forward)$ |
| STEP,TOUC | H R, STEP, TOUCH L,STEP, TOUCH R, STEP,TOUCH L |
| 17 | RF□ Step diagonally to R |
| 18 | LF Touch behind RF |
| 19 | LF⊡ Step diagonally to L |
| 20 | RF□ Touch behind LF |
| 21 | RF□ Step diagonally to R |
| 22 | LF Touch behind RF |
| 23 | LF⊡ Step diagonally to L |
| 24 | RF□ Touch behind LF |
| STEP R,STE | P L, ARM MOVEMENT, BEND KNEES, BRING BODY UP, BODY ROLL DOWN |
| 25 | RF□ Step to R (hit R arm down on R side) |
| 26 | LF⊟ Step to L (hit L arm down on L side) |
| 27 | Bring bent R arm in front of □chest |
| 28 | Bring bent L arm in front of chest |
| 29 | Bend knees and make circle with upper body clockwise down (hands stay in front of chest) |
| 30 | Bring body up ending circle, legs straight |
| 31 | LF Step next to RF |
| 32 | Body roll down, bringing both hands down on side |