Now & After



Count: 32 Wall: 2 Level: Beginner

Choreographer: Micaela Svensson Erlandsson (SWE) - September 2015

Music: Now and Ever After - Dublin Fair



Intro: 16 counts (into heavy beat)

Section 1: Brush. Hitch. Cross. Modified Heel Split. Back Rock. Kick Ball Change.

1-2 Brush right forward. Hitch right knee up.

3&4 Cross right over left. With Weight on balls of feet swivel right heel to the right and left heel to

the left. Swivel both heels back to centre.

5-6 Rock back on right. Recover onto left.

7&8 Kick right forward. Step right in place. Step left in place.

Section 2: Step 1/2 Turn left. Kick Ball Step. Heel Switches. Heel grind 1/4 Turn right.

1-2 Step forward on right. Turn 1/2 left.

3&4 Kick right forward. Step right in place. Step Forward on left.

Put right heel forward. Step right beside left. Put left heel forward. Step left beside right.
 With weight on right heel fan toe from left to right turning 1/4 right. Take weight on left foot.

Section 3: Right Sailor Step. Left Sailor Step. Toe. Unwind 3/4 right. Step forward. Hold & Clap Twice.

Step right foot behind left foot. Step left to left side. Step right foot in place.
Step left foot behind right foot. Step right to right side. Step left foot in place.

5-6 Put right toe back. Unwind 3/4 right.

7&8 Step forward on left. Hold and Clap your hands twice.

Section 4: Right Chasse .Back Rock. Left Chasse. Back Rock.

1&2 Step right to right. Close left beside right. Step right to right.

3-4 Rock back on left. Recover onto right.

Step left to left. Close right beside left. Step left to left.

7-8 Rock back on right. Recover onto left.