	Count: 32	Wall: 4	Level: Ultra Beginner	
		vell (USA) - October 20	v	
-	Music: Going B	ack to Louisiana by Le	roy Parnell - 126 bpm	
** Dedicat	ed to all the 80-9	90 yr old "kids" in my cl	asses. **	
* Senior D	ancing Series* -	This dance was create	ed for seniors to improve balance	
	ain rhythm.	Step Kicks, Walking for	ward/back, Touches, Turns, and learning	to step on the beat
	men and Song b	y Patty Loveless 16 in and Write Myself A Le	/ 124 BPM tter by Anne Murray - 32 in/134 BPM	
Vine D Kie				
vine R Ric	ck, Step Kick, Ste	ep Kick [12:00]		
1-4	Step R to	R, L behind R, R to sid	le, kick L slightly across R,	
	Step R to	R, L behind R, R to sid	le, kick L slightly across R, s L, step R to R, kick L slightly Across R	
1-4 5-8	Step R to	R, L behind R, R to sic , kick R slightly across		
1-4 5-8	Step R to step L to L k, Step Kick, Ste	R, L behind R, R to sic ., kick R slightly across <b>ep Kick [12:00]</b>		
1-4 5-8 <b>Vine L Kic</b> 1-4	Step R to step L to L k, Step Kick, Ste Step to L t	R, L behind R, R to sic ., kick R slightly across <b>ep Kick [12:00]</b> to L, R behind L, step I	s L, step R to R, kick L slightly Across R	
1-4 5-8 <b>Vine L Kic</b> 1-4 4-8	Step R to step L to L step Kick, Ste Step to L to Step R to	R, L behind R, R to sic ., kick R slightly across <b>ep Kick [12:00]</b> to L, R behind L, step L R, kick L slightly acros	L, step R to R, kick L slightly Across R to side, kick R slightly across L, s R, Step L to L, kick R slightly across L	
1-4 5-8 <b>Vine L Kic</b> 1-4 4-8	Step R to step L to L step Kick, Ste Step to L t Step R to ard R, L, R, Kick	R, L behind R, R to sic , kick R slightly across <b>p Kick [12:00]</b> to L, R behind L, step L R, kick L slightly acros	L, step R to R, kick L slightly Across R to side, kick R slightly across L,	
1-4 5-8 <b>Vine L Kic</b> 1-4 4-8 <b>Walk forw</b> 1-4	Step R to step L to L step to L to Step to L to Step R to ard R, L, R, Kick Walk forw	R, L behind R, R to sic , kick R slightly across <b>p Kick [12:00]</b> to L, R behind L, step L R, kick L slightly acros	L, step R to R, kick L slightly Across R to side, kick R slightly across L, s R, Step L to L, kick R slightly across L k L, R, L, touch R□[12:00] touch depending on balance)	
1-4 5-8 <b>Vine L Kic</b> 1-4 4-8 <b>Walk forw</b> 1-4 5-8	Step R to step L to L step to L to Step to L to Step R to ard R, L, R, Kick Walk forw Walk back	R, L behind R, R to sic , kick R slightly across <b>p Kick [12:00]</b> to L, R behind L, step L R, kick L slightly acros <b>t (or touch), walk bac</b> ard R, L, R, kick L (or t ( L, R, L, touch R besic	L, step R to R, kick L slightly Across R to side, kick R slightly across L, s R, Step L to L, kick R slightly across L k L, R, L, touch R□[12:00] touch depending on balance)	
1-4 5-8 <b>Vine L Kic</b> 1-4 4-8 <b>Walk forw</b> 1-4 5-8	Step R to step L to L Step to L t Step to L t Step R to ard R, L, R, Kick Walk forw Walk back	R, L behind R, R to sid , kick R slightly across <b>ep Kick [12:00]</b> to L, R behind L, step L R, kick L slightly acros t <b>L (or touch), walk bac</b> ard R, L, R, kick L (or t ( L, R, L, touch R besid t <b>L,(or touch) Walk bac</b>	L to side, kick R slightly across L, s R, Step L to L, kick R slightly across L k L, R, L, touch R□[12:00] touch depending on balance) de L	
1-4 5-8 <b>Vine L Kic</b> 1-4 4-8 <b>Walk forw</b> 1-4 5-8 <b>Walk forw</b>	Step R to step L to L Step to L to Step to L to Step R to ard R, L, R, Kick Walk forw Walk back ard R, L, R, Kick Walk forw	R, L behind R, R to sic , kick R slightly across <b>p Kick [12:00]</b> to L, R behind L, step L R, kick L slightly acros <b>t (or touch), walk bac</b> ard R, L, R, kick L (or t <b>t</b> L, R, L, touch R besic ard R, L, R, kick L (or t ard R, L, R, kick L (or t	L, step R to R, kick L slightly Across R to side, kick R slightly across L, s R, Step L to L, kick R slightly across L <b>k L, R, L, touch R□[12:00]</b> touch depending on balance) de L <b>k L, R, L ¼ Left, touch R [9:00]</b>	
1-4 5-8 <b>Vine L Kic</b> 1-4 4-8 <b>Walk forw</b> 1-4 5-8 <b>Walk forw</b> 1-4 5-8	Step R to step L to L Step to L to Step to L to Step R to ard R, L, R, Kick Walk forw Walk back ard R, L, R, Kick Walk forw	R, L behind R, R to sid , kick R slightly across <b>ep Kick [12:00]</b> to L, R behind L, step L R, kick L slightly acros <b>c L (or touch), walk bac</b> ard R, L, R, kick L (or t c L, R, L, touch R besid ard R, L, R, kick L (or t c L, R, turn ¼ L on L, to	L, step R to R, kick L slightly Across R L to side, kick R slightly across L, s R, Step L to L, kick R slightly across L <b>k L, R, L, touch R□[12:00]</b> touch depending on balance) de L <b>k L, R, L ¼ Left, touch R [9:00]</b> touch depending on balance)	