## Sweet Hemp Flowers

Count: 64
Wall: 2
Level: Beginner / Contra
Choreographer: Flat Guo (CN) - October 2015
Music: Sugar - Maroon 5


Intro: 16 counts
(1-8) R side, L Together, Shuffle, Pivot turn R, Cross shuffle
1-2 Step $R$ to $R$, Step $L$ together
3\&4 Step R forward, Step L behind R, Step R forward
(Pass partner by partner's left)
5-6 Step L forward, Pivot 1/2 turn R
7\&8 Step L cross over R, Step R to R, Step L cross over R
(On partner's left)
(9-16) Forward, Pivot turn R, Forward, R side, Rock, Recover, Rock, Recover
1-2\&3-4 Step R forward, 1/2 turn R stepping L back, Step R in place, Step L forward, Step R to R (Pass partner by partner's left)
5\&6 Rock L behind R, Recover on R, Step L to L
7\&8 Rock R behind L, Recover on L, Step R to R
(17-24) Back, Back, Coaster step, Shuffle, Shuffle, Large step, Together
1-2 $\quad 1 / 4$ turn $L$ stepping $L$ back, Step $R$ back
3\&4 Step L back, Step R together, Step L cross over R
5\&6 Step R to R, Step L together, 1/4 turn R stepping R forward
7-8 Large step L to L, Step R together(Partners back to back)
(25-32) Monterey turn, Dig $R$ heel, Together, Dig L heel, Together
1-2-3-4 $\quad$ Point $R$ to $R, 1 / 2$ turn $R$ stepping $R$ beside $L$, Point $L$ to $L$, Step $L$ beside $R$
5\&6\& Dig $R$ heel forward, Step $R$ beside $L$, Dig $L$ heel forward, Step $L$ beside $R$
7\&8 Step R forward and shimmyshoulder
(33-40) Rock L, Recover, Sailor step, Rock R, Recover, Sailor step
1-2 Rock L to L, Recover on R
3\&4 Cross L behind over R, Step R to R, Cross L over R
5-6 Rock R to R, Recover on L
7\&8 Cross R behind over L, Step L to L, Cross R over L
(41-48) L side, Cross, L side, Dig R, Together, Cross, Weave step, Forward, Forward
1-2\& $\quad$ Step $L$ to $L$, Cross $R$ behind over $L$, Step $L$ to $L$
$3 \& 4 \quad$ Dig $R$ heel $R$ diagonal, Step $R$ beside $L$, Cross $L$ over $R$
5-6\& $\quad$ Step $R$ to $R$, Cross $L$ behind over R, Step $R$ to $R$
7-8 Step L forward, Step R forward
(49-56) Pivot $1 / 2$ turn L, Cross shuffle, Rock, Recover, Triple turn
1-2 Step L forward, Pivot $1 / 2$ turn L
(Pass partner by partner's left)
3\&4 Cross L over R, Step R together, Cross L over R
5-6 $\quad 1 / 4$ turn $R$ rocking $R$ forward, Recover on $L$
7\&8 $\quad 1 / 4$ turn $R$ stepping $R$ forward, $1 / 2$ turn $R$ stepping $L$ back, Step $R$ forward
(57-64) L side, Together, Cross, Touch, Forward, Turn and back, Forward, Forward

| 1-2-3-4 | Step $L$ to $L, ~ S t e p ~$ <br> beside $L$ |
| :--- | :--- |
| $5-6-7-8$ | Stogether, Step $L$ cross over $R$ (At count 3 pass partner's left), $1 / 2$ turn $R$ stepping $L$ back, Step $R$ forward, Step $L$ forward |

Have fun!
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