

Feels So Good

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Kerry Maus (USA) - October 2015

Music: Ooh La La (Feel so Good) - Farmdale : (iTunes)



**** Windy City Line Dance Mania 2015 Second place finisher in Heat 2 ****

#32 COUNT INTRO

MODIFIED MONTEREY ½ RIGHT, LEFT SIDE ROCK, RECOVER, CROSS, R SIDE ROCK, RECOVER, CROSS, SIDE, BEHIND, ¼ TURN LEFT

- 1 2 Touch R toe to R side, turn ½ R and step R together,
- 3&4 L Side Rock recover R, Cross L over R
- 5&6 R side rock recover L, Cross R over L
- &78 Step L to L side, Cross R behind L, step L to L side as you make a ¼ turn L

½ DIAMOND BOX, KNEE POP, BALL-BACK INTO SIT, RECOVER

- 1&2 Cross R over L, Step L to L, Make 1/8 turn right stepping R back
- 3&4 Step L back, Make 1/8 turn right stepping R to R, Make 1/8 turn right stepping L fwd
- 5&6 Step R slightly fwd, pop knees fwd by lifting heels, Return knees and heels to normal position with weight ending on L
- &78 R Ball back, Step Back on L and drop body back and down into sit position, with weight over L foot, recover back forward ending with weight on R

(** Alternative styling option for counts 7-8. Step back on L into a Body Roll, Start with moving head back, to shoulders, then back, and sit weight back onto hips, then reverse back up.)

STEP, HEEL SWIVELS, TOE, CROSS, STEP, TOE, STEP, HEEL, STEP, ½ TURN CHASE TURN

- &1&2 Squaring up to 6:00, Step L to L, lift R heel and Swivel in & out and replace (weight to R) Lift L heel and swivel in
- &3&4 and replace (weight to L), Lift R heel and swivel in, touch R toe beside L, touch R heel in front
- &5&6 Step R foot fwd, Touch L toe behind R, step L in place, R heel in front
- &7&8 R ball, step L fwd, ½ turn to R, weight to R, step L fwd.

KICK, STEP, SIDE ROCK, RECOVER, KICK, STEP, SIDE ROCK, RECOVER, ½ TURN JAZZ BOX, TRIPLE FWD, STEP

- 1&2& Kick R fwd, step down on R, rock L to L side, recover on R
- 3&4& Kick L fwd, step down on L, Rock R to R side, recover on L
- 5&6& Cross R over L, Step L Back making ¼ turn R, step back R turning ¼ turn to R, step fwd L
- 7&8& Step R fwd, step L beside R, Step R fwd, Step L Fwd

RESTART

Have fun!

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Last Update – 21st Oct. 2015