## In Stitches

Count: 32 Wall: 2 Level: Beginner
Choreographer: Lynn Card (USA) - October 2015
Music: Stitches - Shawn Mendes

** (For my daughter Chloe, who had stitches Oct. 2015) **
INTRO: 16 COUNTS - No Tags, 1 Restart Optional
SECTION 1: SIDE, HOLD, STEP, SIDE, TOUCH, SIDE, HOLD, STEP SIDE, TOUCH
1,2 Step R to right, Hold
\&3,4 Step $L$ next to $R$, Step $R$ to right, Touch $L$ next to $R$
5,6 Step $L$ to left, Hold
\&7,8
Step R next to L, Step L to left, Touch R next to L
SECTION 2: ROCKING CHAIR, STEP, $1 / 4$ TURN, HEEL, STEP, HEEL
1,2 Rock R forward, Recover back on L
3,4 Rock R back, Recover forward on $L$
5,6 Step $R$ forward, Turn $1 / 4$ to left touch $L$ heel forward
7,8 Step $L$ next to $R$, Touch $R$ heel forward (3:00)

SECTION 3: TOUCH, HEEL, TOUCH, HEEL, STEP, HEEL TOUCH, HEEL
1,2 Touch $R$ center next to to $L$, Touch $R$ heel forward
\&3,4 Touch $R$ next to $L$, Touch $R$ heel forward
5,6 Step $R$ next to $L$, Touch $L$ heel forward
\&7,8 Touch $L$ next to $R$, Touch $L$ heel forward
RESTART OPTIONAL HERE IN WALL 11 after 16 counts...but note this will change the 2 wall dance from 12 and 6 to 3 and 9...Restart not necessary for beginner dancers.

SECTION 4: STEP, HITCH, STEP, $1 / 4$ TURN, HITCH, STEP TOGETHER, HEEL SPLIT
1,2 Step L next to R, Hitch R (feet actually slightly apart/shoulder width)
3,4 Step down on $R$, Turn $1 / 4$ to left as you hitch $L$ (6:00)
5,6 Step down/forward on L, Step R next to L
7,8 Split heels apart, Bring heels together

