Break The Dawn (黎明破曉) (zh)

Count: 48 **Wall:** 4 **Level:** Intermediate

Choreographer: Neville Fitzgerald (UK), Paul McAdam (UK), Peter Metelnick (UK) & Team International - 2009年10月

Music: We Break The Dawn (Remix) (feat. Flo Rida) - Michelle Williams

前奏： Starts after 48 Counts 48拍後起跳

第一段 **Kick, Out Out & Side, 1/4, Back, Back, Sailor 1/4 Cross.**
踢 外 外 & 側, 1/4, 後, 後, 水手 1/4 交叉

1&2 Kick Right forward, step Right to Right side, step Left to Left side.
右足前踢, 右足右踏, 左足左踏

&3-4 Step Right next to Left, step Left to Left side, make 1/4 turn to Left stepping Right to Right side.
右足併踏, 左足左踏, 左轉90度右足右踏

5-6 Step back on Left, step back on Right. (Funky)
左足後踏, 右足後踏

7&8 Cross step Left behind Right, make 1/4 turn to Left. Stepping Right next to Left, cross Left over Right.
左足於右足後交叉踏, 左轉90度, 右足併踏, 左足於右足前交叉踏

第二段 **Kick, Out Out & Bounce & Cross, Side Rock, Behind & Cross**
踢 外 外 & 踵彈 & 交叉, 側下沉, 踵彈 & 交叉

1&2 Kick Right forward, step Right to Right side, step Left to Left side.
右足前踢, 右足右踏, 左足左踏

&3&4 Raise both heels (knees pop), lower heels, step Left next to Right, cross step Right over Left.
雙踵抬高膝彎曲, 雙踵踏, 左足併踏, 右足於左足前交叉踏

5-6 Rock to Left side on Left, recover on Right.
左足左下沉, 右足回復

7&8 Cross step Left behind Right, step Right to Right side, cross step Left over Right. 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏

第三段 **(&) Cross, Point, Cross Rock Step, Cross, Point, 1/2 Turn Rock Step.**
(&)交叉, 點, 交叉下沉回復, 交叉, 點, 1/2交叉下沉

&1-2 Step Right to Right side, cross step Left over Right, point Right to Right side. 右足右踏, 左足於右足前交叉踏, 右足右點

3&4 Cross step Right over Left, rock Left to Left side, step Right to Right side. 右足於左足前交叉踏, 左足左下沉, 右足右踏

5-6 Cross step Left over Right, point Right to Right side.
左足於右足前交叉踏, 右足右點

7&8 Make 1/2 turn to Right stepping Right next to Left, rock Left to Left side, step Right to Right side.
右轉180度右足併踏, 左足左下沉, 右足右踏

第四段 **Cross, Side, Behind Cross, Point & Point & Step & Twist.**
交叉, 側, 後交叉, 點 & 點 & 踏 & 旋轉

1-2 Cross step Left over Right, step Right to Right side.
左足於右足前交叉踏, 右足右踏

3&4 Cross step Left behind Right, step Right to Right side, cross step Left over Right 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏

5&6 Point Right to Right side, step Right next to Left, point Left to Left side. 右足右點, 右足併踏, 左足左點

&7&8 Step Left next to Right, step forward Right (small step, Right in Front of Left), twist both heels to Right, twist both heels to centre.
左足併踏, 右足略前踏, 雙足踵轉向右, 雙足踵轉回原位

第五段 (&) Walk, Walk, Left Shuffle, Rock & 1/4, Hold & Side.
(&)走, 走, 前交換步, 下沉 & 1/4, 候 & 側

&1-2 Step Right next to Left, Walk forward Left-Right.
右足併踏, 前走步-左, 右

3&4 Step forward on Left, step Right next to Left, step forward on Left.
左足前踏, 右足併踏, 左足前踏

5&6 Rock forward on Right, recover on Left, make 1/4 turn to Right stepping Right to Right side. 右足前下沉, 左足回復, 右轉90度右足右踏

7&8 Hold, step Left next to Right, step Right to Right side.
候, 左足併踏, 右足右踏

第六段 1/2 Hinge, 1/2 Hinge, Hold & Side, Cross, 1/4, 1/4, Walk, Walk.
1/2, 1/2, 候 & 側, 交叉, 1/4, 1/4, 走, 走

1-2 Make 1/2 turn to Right stepping Left to Left side (hinge), make 1/2 turn to Right stepping Right to Right side.
右轉180度左足左踏, 右轉180度右足右踏

3&4 Hold, step Left next to Right, step Right to Right side.
候, 左足併踏, 右足右踏

5&6 Cross step Left over Right, make 1/4 turn to Left stepping back on Right, 1/4 turn to Left stepping forward on Left.
左足於右足前交叉踏, 左轉90度右足後踏, 左轉90度左足前踏

7-8 Walk forward Right-Left. 前走步-右, 左