On Top of The World!



Count: 64 Wall: 2 Level: Intermediate

Choreographer: Chris Watson (AUS) - September 2015

Music: Don't Be So Hard On Yourself - Jess Glynne: (iTunes)



#1: Step, Sailor Step, Behind & Cross, Step Kick, Coaster Step

1,2&3,4&5 Step R to R side, Step L behind R, rock R to R side and replace weight onto L, Step r behind

L and L to L side, cross R over L turning 1/8 (11 OClock)

6,7&8 Kick L foot forward, step back onto L, step R together with L and forward onto L. (11 O'Clock)

#2: Step Together, Step Lock Step, Cross Step back, Coaster Step

1,2,3&4 Step forward onto r foot and step L together clicking both fingers, Step R foot forward, lock L

behind R and step forward onto R

5,6,7&8 Cross Step L over R, Step 1/8 turn to R Side (12' Clock), Step L foot back, bring R together

with L and step L foot forward

#3: Side Sway, Side Shuffle, Behind, side, Cross, Side Rock, Cross.

1,2,3&4 Step R to R Side Sway Hips R,L, Step R to R Side bring L together and step R to R side.

5&6,7&8 Step L behind R, R to R side and cross L over R, rock R to R side, rock weight back onto

centre and cross R over L

#4: ½ Turn , Cross & Heel, Together & Heel , Together and ½ Pivot

1,2,3&4 Make a ¼ turn right stepping back on L, continue and make another ¼ turn right stepping R

to R side. (6 O'Clock) Cross step L over R, step back onto R and touch L heel forward to L

diagonal (Facing 5 O 'Clock)

&5&6,7,8 Step L together and touch r next to L, Step r back and touch L heel forward, Step L back and

step forward onto R making a ½ turn pivot taking weight onto L (11 O Clock)

#5: Step Sailor Step, Step Back X 2, ½ Turn, ½ Turn, ¼ Turn.

1,2&3,4 Step R to R side straighten up to 9 O clock Wall, Step L behind r, R to R side and step L to L

Side, Step R foot back

5,6,7,8 Step L foot back, make ½ turn Right stepping forward onto R, make a ½ Turn right stepping

back onto L, make a ¼ turn R stepping r to R side (12 O'Clock)

#6: Samba Step X 2, Cross Point, Cross over step back.

1&2,3&4 Cross step L over R , R to R side and weight back onto L, cross step r over L , step L to L

side and weight back onto R

5,6,7,8 Cross L over R and point R toe to R Side, Cross R over L and step back Onto L

#7: ½ Turn Shuffle, Full turn stepping forward, Forward Coast step, Walk back X2

1&2,3,4 ½ Turn over R shoulder shuffle forward R, Full turn stepping forward L,R

5&6,7,8 Step L foot forward, step R foot together with L, Step L foot back, walk back, R, L

#8: Back rock, replace, Walk, Walk, Touch & Touch & Touch , Hitch & Touch & Hitch

1,2,3,4 Rock R foot back and forward onto L, Walk forward R,L

Touch R toe to R side, step R together and touch L toe to L side, Step L together and touch

R toe to R Side, Hitch R knee toward L knee and touch r toe to R side and lift knee to L knee.

[64] Counts Re- Start Dance.

Contact: www.dare2dance.org - cwld4@hotmail.com