

# I Love This Life

**COPPER KNOB**  
STEPPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Donna Manning (USA) - November 2015

Music: I Love This Life - LOCASH



**TAG: 1- 6 count Tag (yes, 6 counts) after wall 8 Facing 12:00**

**#16 count intro**

**Sec.1 (1-8) □ R Heel Grind, L ¼ Turn Heel Grind, Back Rock, Recover, Step, Scuff, Hitch**

1-2, & 3-4 Push off R heel fwd starting with toes turned to inside and turning to outside as you push off R heel taking weight back to L (like you are squishing a bug), bring R back to center, place L heel fwd with toes to inside – as you turn toes to the L turn ¼ to the L on the heel of L, take weight back to R as you face 9:00.

5,6, 7&8 Rock back on L, recover to R, Step L fwd, Scuff R heel fwd, hitch R (you can add a little scootch to add attitude leaving R hip fwd) □ (9:00)

**Sec.2 (9-16) □ Heel Taps – 2 R/ 2 L, Rock, Recover, Back Triple**

1-2, & 3-4 Tap R heel fwd 2 X, step down on R, tap L heel fwd 2X

&5-6, 7&8 Bring L back to center, Rock R fwd, recover to L, step R back, bring L to R, step R back (9:00)

**Sec.3 (17-24) □ L Back K-Step**

1,2,3,4 Step L to back diagonal, touch R next to L, step R to fwd diagonal, touch L next to R

5,6,7,8 Step L to fwd diagonal, touch R next to L, step R to back diagonal, touch L next to R (9:00)

**Sec.4 (25-32) □ 2 Heel Jacks, & Step, Step, ½ Turn, Stomp, Swivet, Hitch**

&1&2&3 Step L back, touch R heel fwd, step R to center, touch L next to R, step L back, touch R heel fwd

&4, 5-6 Step R to center, step L fwd, step R fwd, ½ turn to L taking weight to L

7&8& Stomp R to center placing weight on ball of L and heel of R, turn unweighted parts (L heel & R toes) To the R, bring back to center taking weight to L, very small hitch with R - ready to begin again (3:00)

**TAG: □ AFTER WALL 8 – FACING 12:00 - R Cross Rock, Recover, L Cross Rock, Recover, &, Walk 2X**

1-2, & 3-4 Cross rock R over L, recover to L, bring R to center, cross rock L over R, recover to R

&5, 6 Bring L to center, walk R-L

**HAVE FUN!**

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

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