# I'll Take My Poison



Count: 68 Wall: 2 Level: Intermediate

Choreographer: Diane Blairs (UK) - February 2016

Music: Poison - Rita Ora



#### Intro: start on (I'll Take)

### S1: SIDE R, BEHIND, 1/4 TURN R, STEP FWD LEFT, HOLD, PIVOT 1/2 R, WALK FWD LR, HOLD.

1-2 step right to right side, step left behind right,3-4 ¼ turn right step on right, step fwd on left, Hold,

5 pivot ½ right,

6-7 step fwd left, step fwd on right,

8 Hold.

### S2: BACK LEFT, SWEEP R, BACK RIGHT, SWEEP L, SLOW COASTER CROSS, HOLD

step back on left, sweep right,
step back on right, sweep left,
step back left, step right beside left,
cross left over right. Hold.

7-8 cross left over right, Hold.

Restart: (S2) Wall 5: facing 12:00. 5-6-7-8 L behind ¼ turn right, step fwd left, touch right beside left. Hold.

# S3: SIDE ROCK, CROSS, HOLD, 1/4 TURN R X 2, STEP FWD, HOLD

1-2 rock right to right side, recover on left,

3-4 cross right over left, Hold,

5-6 ½ turn right, stepping back on left, ¼ turn right, (weight on right)

7-8 step fwd on left, Hold.

### S4: RUN FWD X 3, HOLD, BACK L, SWEEP R, BACK R, SWEEP L.

1-2-3-4 run fwd right, left, right, Hold,
5-6 step back on left, sweep right,
7-8 step back on right, sweep left.

# S5: L BEHIND, $\frac{1}{4}$ TURN RIGHT, STEP FWD L, $\frac{1}{2}$ PIVOT R, $\frac{1}{4}$ TURN R, R BEHIND, $\frac{1}{4}$ TURN LEFT, STEP FWD R.

1-2-3-4 step left behind right, ¼ turn right, step fwd on left, ½ pivot right,

5-6-7-8 ½ turn right, step left to left side, step right behind left, ¼ turn left, step fwd on right.

# S6: STEP FWD L, ½ PIVOT R, ¼ TURN R, R BEHIND, ¼ TURN LEFT, ROCK FWD RIGHT, RECOVER, ½ TURN RIGHT

1-2-3-4 step fwd on left, ½ pivot right, ¼ turn right, step left to left side, Step right behind left

5-6-7-8 ¼ turn left, rock fwd on right, recover, ½ turn right.

Restart Here: (S6) Wall 2: Count 6-7- 8 rock right to right side, recover, touch right beside left Hold.(weight on left)

### S7: ROCK FWD L, RECOVER, 1/2 TURN LEFT, HOLD, STEP FWD 1/2 PIVOT X 2.

1-2-3-4 rock fwd on left, recover on right, ½ turn left, Hold,

5-6-7-8 step fwd on right ½ pivot left, step fwd on right, ½ pivot left. (weight on left)

#### **S8: EXTENDED VINE**

1-2-3-4 step right to right side, step left behind right, step right to right side, step left Slightly in front of

right

5-6-7-8 step right to right side, step left behind right, step right to right side, step left Slightly in front of

right.

## S9: ROCK RIGHT SIDE, RECOVER, TOUCH.

1-2-3-4 rock right to right side, recover on left, touch right beside left, (weight on left)

Restarts: (S6) Wall 2: facing 12:00 count 6-7-8 rock right to right side, recover, touch right beside left. Hold Restart: (S2) Wall 5: facing 12:00. 5-6-7-8 L behind 1/4 turn right, step fwd left, touch right beside left. Hold