No Me Mires Mas

Count: 32

Level: Beginner

Choreographer: Sandrine POY - February 2016

Music: No me mirès màs (feat. Soprano) - Kendji Girac

SYNCOPATED ROCKING CHAIR X 2 / WALK R / WALK L / ROCK FORWARD R

- 1&2& Rock RF forward - recover on LF - rock RF behind - recover on LF
- 3&4 Rock RF forward – recover on LF – rock RF behind – recover on LF
- 5-6 Walk forward RF - Walk forward LF
- 7-8 Rock RF forward - recover on LF

R BACK LOCK STEP/ L BACK LOCK STEP/ ROCK BACK / R STEP ¼ TURN LEFT

- 1&2 Step back on RF – Lock LF over RF - Step back on RF
- 3&4 Step back on LF – Lock RF over LF – Step back on LF
- Rock RF behind recover on LF 5-6
- 7-8 Step RF forward - pivot 1/4turn on left and recover on LF

Easy option : CHASSE BACK instead of BACK LOCK STEP

CROSS ROCK D / CHASSE RIGHT / CROSS ROCK BACK L / CHASSE LEFT

- 1-2 Cross Rock RF over LF - recover on LF
- 3&4 Step RF to R side - step LF next to RF - Step RF to R side
- 5-6 Cross Rock LF behind RF - recover on RF
- 7&8 Step LF to L side – step RF next to LF - Step LF to L side

JAZZ BOX / R STEP - PIVOT ½ TURN LEFT X 2

- PD Cross RF over LF step LF behind RFstep left foot over right. Step back on 1-2
- 3-4 Step RF on R side – Step LF forward
- 5-6 Step RF forward - Pivot 1/2 turn on left
- 7-8 Step RF forward - Pivot 1/2 turn on left

And Restart the dance with SMILE

Written by Sandrine POY - february 2016 / Louisiana Dance- FRANCE - www.louisiana-dance.fr Contact : sandrinepoy@live.fr





Wall: 4