El Sol No Regresa

Count: 32

Level: Beginner

Choreographer: Frankie Ray Merchant (NL) - February 2016

Music: El Sol No Regresa - La Quinta Estación

Start: 32 counts after the Beat start Restart: in wall 9 after 28 counts (count 28 is recover on Lf)	
Rock, Recover, Cross rock, Recover, Step Right, Touch, Step Left, Touch.	
1 - 2	Rf rock to right, Recover on Lf.
3 - 4	Rf cross in front of Lf, Recover on Lf.
5 - 6	Rf step right, Lf touch next Rf. (hands up, snapp fingers)
7 - 8	Lf step Left, Rf touch next Lf. (hands up, snapp fingers)
Rock fwd, Re	ecover, ¼ Turn R, Weave, ¼ Turn R, Step fwd.
1 – 2	Rf step fwd, Recover on Lf.
3 – 4	make ¼ Turn right, Rf stepping right, Lf cross in front of Rf.
5 – 6	Rf step right, Lf cross behind Rf.
7 – 8	make $\frac{1}{4}$ turn right Rf stepping fwd, Lf step fwd. (6 o clock)
Rocking chair, Step fwd, Pivot ¾ turn left, Step right, Cross behind.	
1 – 2	Rf rock fwd, Recover on Lf.
3 – 4	Rf rock back, Recover on Lf.
5 – 6	Rf step fwd, Rf & Lf ¾ turn left.(9 o clock)
7 – 8	Rf step right , Lf step behind Rf.
Rumba box,	Touch back, Step Left, Step back, Touch fwd.
1 – 2	Rf step right, Lf step together.
3 – 4	Rf step fwd, Lf touch behind Rf.
5 – 6	Lf step left, Rf step back.
7 – 8	Lf touch in front of Rf, Lf step left

Start again:

Enjoy the dance!

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Last Update - 23rd Feb. 2016





Wall: 4