Johnny Got A Boom Boom (zh)



Count: 48 Wall: 4 Level: Improver Choreographer: Darren Bailey (UK) - 2011年01月

Music: Johnny Got a Boom Boom - Imelda May



前奏: Dance starts At heavy Beat (16 count intro)

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| 第一段 | Walk R, L, Mambo Forward, Walk Back L, R, Side Rock And Cross 走 走, 前曼波, 後走 走, 曼波交叉 |
| 1-2 | Step Rf forward, step Lf forward 右足前踏, 左足前踏 |
| 3&4 | Rock forward on Rf, recover onto Lf, step back on Rf 右足前下沉, 左足回復, 右足後踏 |
| 5-6 | Step back on Lf, step back on Rf 左足後踏, 右足後踏 |
| 7&8 | Rock Lf to L side, recover onto Rf, cross Lf over Rf 左足左下沉, 右足回復, 左足於右足前交叉踏 |
| 第二段 | Rock And Cross X2, Step Pivot Turn 1/2 L, Small Runs R, L, R 曼波交叉, 曼波交叉, 踏 轉, 跑 跑 跑 |
| 1&2 | Rock Rf to R side, recover onto Lf, cross Rf over Lf 右足右下沉, 左足回復, 右足於左足前交叉踏 |
| 3&4 | Rock Lf to L side, recover onto Rf, cross Lf over Rf 左足左下沉, 右足回復, 左足於右足前交叉踏 |
| 5-6 | Step forward on Rf, make a 1/2 turn L (weight ends on Lf) 右足前踏, 左轉180度(重心在左足) |
| 7&8 | Make 3 small runs forward, R, L, R 前跑步-右, 左, 右 |
| 第三段 | Step Side, Touch, Step Side Touch, Shuffle To The L, Repeat To R 左踏 併點 右踏 併點, 左追步, 右踏 併點 左踏 併點, 右追步 |
| 1&2& | Step Lf to L side, touch Rf next to Lf, Step Rf to R side, touch Lf next to Rf 左足左踏, 右足併點, 右足右踏, 左足併點 |
| 3&4 | Step Lf to L side, close Rf next to Lf, step Lf to L side 左足左踏, 右足併踏, 左足左踏 |
| 5&6& | Step Rf to R side, touch Lf next to Rf, step Lf ti L side, touch Rf next to Lf 右足右踏, 左足併點, 左足左踏, 右足併點 |
| 7&8 | Step Rf to R side, close Lf next to Rf, step Rf to R side 右足右踏, 左足併踏, 右足右踏 |
| 第四段 | Cross, Back, Shuffle To The L, Cross, Back, Shuffle To The R With 1/4 Turn R 交叉 後路, 左追步, 交叉 後路, 追步轉 |

- Cross Lf over Rf, step back on Rf 1-2 左足於右足前交叉踏, 右足後踏
- Step Lf to L side, close Rf next to Lf, step Lf to L side 3&4 左足左踏, 右足併踏, 左足左踏
- 5-6 Cross Rf over Lf, step back on Lf 右足於左足前交叉踏, 左足後踏
- 7&8 Step Rf to R side, close Lf next to Rf, step Rf to R side making a 1/4 turn R 右足右踏, 左足併踏, 右轉90度右足右踏

| 第五段 | Walk L, R, Kick And Touch To The R, Walk R, L, Kick And Touch To The L 走走, 踢併點, 走走,踢併點 |
|-----|---|
| 1-2 | Step forward on Lf, step forward on Rf 左足前踏, 右足前踏 |
| 3&4 | Kick Lf forward, step Lf in place, touch Rf to R side 左足前踢, 左足踏, 右足右點 |
| 5-6 | Step forward on Rf, step forward on Lf 右足前踏, 左足前踏 |
| 7&8 | Kick Rf forward, step Rf in place, touch Lf to L side 右足前踢, 右足踏, 左足左點 |
| 第六段 | Sailor L, Sailor R, Touch Back, 1/2 Turn L, Stomp, Touch R (With Hand Flick) 水手步, 水手步, 後點 轉, 重踏(拍手) 右點(雙手抬) |
| 1&2 | Cross Lf behind Rf, step Rf in place, step Lf to L side 左足於右足後交叉踏, 右足踏, 左足左踏 |
| 3&4 | Cross Rf behind Lf, step Lf in place, step Rf to R side 右足於左足後交叉踏, 左足踏, 右足右踏 |
| 5-6 | Touch Lf behind Rf, make a 1/2 turn L (weight ends on Lf) 左足於右足後點, 左轉180度(重心在左足) |
| 7-8 | Stomp Rf next to Lf (weight remains on Lf) clap hand together at the same time, touch Rf to R side 右足併重踏(重心仍在左足)拍手, 右足右點 (flick both hands out to the sides at hip level) 雙手在臀部高度向兩側抬 |