

Holding Back

Count: 32

Wall: 4

Level: Beginner

Choreographer: Shirley Blankenship (USA) - March 2016

Music: Holding Back the Ocean - Rockie Lynne



K-Step

1-4 Step Forward on R, Touch L next to R, Step back on L, Touch R next to L
5-8 Step Back on R, Touch L next to R, Back on L, Touch R next to L

Step Touches

1-4 Step R to R, Touch L next to R, Step L to L, Touch R next to L
5-8 Step R to R, Touch L next to R, Step L to L, Touch R next to L

Rocking Chair

1-4 Rock Forward on R, Recover on L, Rock Back on R, Recover on L
5-8 Rock Forward on R, Recover on L, Rock Back on R, Recover on L

Vine Right 1/4 R Hitch Left Vine Left

1-4 Step R to R, L behind R, step R 1/4 R, Hitch L
5-8 Step L to L, R behind L, step L, Touch R next to L

All About Fun, Enjoy
