O.C.D. (zh)

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Lawrence Allen (USA) & Scott Schrank (USA) - 2010年11月
Music: Obsession - Sky Ferriera : (CD:The Vampire Diaries)

前奏： 32-Count Intro (15 Seconds) 32拍(約15秒)後起跳

第一段 **Cross, Recover, Side, Recover, Triple Fullturn, Side, Recover**

1-2 Cross Rock R Foot Over L Foot (1), Recover Weight To L Foot (2)
右足於左足前交叉下沉, 左足回復

3-4 Rock R Foot Right (3), Recover Weight To L Foot (4)
右足右下沉, 左足回復

5&6 Triple Step In Place Making Full Turn Right Stepping R-L-R (5&6) **(12:00)**
三步右轉圈-右, 左, 右(面向12點鐘)

7-8 Rock L Foot Left (7), Recover Weight To R Foot (8)
左足左下沉, 右足回復

第二段 **Cross, Side, Sailor 1/4 Left, 1/2 Turn, 1/4 Turn, Behind-Side-Cross**

1-2 Cross Step L Foot Over R Foot (1), Step R Foot Right (2)
左足於右足前交叉踏, 右足右踏

3&4 Step L Foot Behind R (3), Make 1/4 Turn Left Stepping R Foot Next To L Foot (&), Step L Foot Slightly Forward (Prepping Body For ½ Turn R) (4) **(9:00)**
左足於右足後踏, 左轉90度右足併踏, 左足略前踏(面向9點鐘)

5-6 Make ½ Turn R Transferring Weight Forward On R Foot (5) (**3:00**), Make 1/4 Turn R Stepping L Foot To Left Side (6) (**6:00**)
右轉180度右足前踏, 右轉90度左足左踏(面向6點鐘)

7&8 Step R Foot Behind L (7), Step L To L Side (&), Cross R Foot Over L Foot (8) 右足於左足後踏, 左足左踏, 右足於左足前交叉踏

第三段 **Rock, Recover, Sailor 1/4 Left, Rock, Recover 1/2 Shuffle Turn**

1-2 Rock L Foot To L Side (1), Recover Weight To R Foot (2)
左足左下沉, 右足回復

3&4 Step L Foot Behind R (3), Make 1/4 Turn Left Stepping R Foot Next To L Foot (&), Step L Foot Slightly Forward (4) **(3:00)**
左足於右足後踏, 左轉90度右足併踏, 左足略前踏(面向3點鐘)

5-6 Rock R Foot Forward (5), Recover Weight To L Foot (6)
右足前下沉, 左足回復

7&8 Make ¼ R Turn Stepping R To R Side (7)(6:00), Step L Next To R (&), Make Another ¼ R Turn Stepping R Forward (8) (9:00)
右轉90度右足右踏(面向6點鐘), 左足併踏, 右轉90度右足前踏

第四段 **Rock, Recover, Back, Out-Out, Bump, Hold, Bump, Bump**

1-2 Rock Forward On Left Foot (1), Recover Weight To Right Foot (2)
左足前下沉, 右足回復

3&4 Step Left Foot Slightly Back (3), Hop Right Foot To Right (&), Hop Left Foot To Left (4) 左足略後踏, 右足單腳前跳, 左足單腳前跳

5-6 Bump Hips Left (5), Hold (6) 左推臀, 候

7-8 Bump Hips Right (7), Bump Hips Left (8) (Weight The Left Foot)
右推臀, 左推臀(重心在左足)

TAG:The First Tag Happens After The 4th Rotation Facing 12:00.
第四面牆結束, 面向12點鐘時

1-4 Cross Rock R Over L (1), Recover Weight To L (2), Rock R Foot To R (3), Recover Weight To L (4)
右足於左足前交叉下沉, 左足回復, 右足右下沉, 左足回復

5-8 Rock R Foot Behind L (5), Recover Weight To L (6), Step R Foot Right (7), Hold & Snap Fingers (8)
右足於左足後下沉, 左足回復, 右足右踏, 候(彈指)

9-12 Cross Rock L Over R (9), Recover Weight To R (10), Rock L Foot To L (11), Recover Weight To R (12)
左足於右足前交叉下沉, 右足回復, 左足左下沉, 右足回復

13-16 Rock L Foot Behind R (13), Recover Weight To R (14), Step L Foot L (15), Hold & Snap Fingers (16)
左足於右足後下沉, 右足回復, 左足左踏, 候(彈指)

The Second Tag Happens After The 10th Rotation Facing 6:00
第十面牆結束, 面向6點鐘)

1-6 Do The First 6 Counts Of The First Tag
做第一個加拍的前6拍

7-8 Point R Toes Right (7), Hold & Snap Fingers (8) (Weight Is On The L Foot)
右足趾右點, 候(彈指)(重心在左足)