Rinse & Repeat!

Count: 32

Level: Beginner - Funky

Choreographer: Johan Bouillon (SA) - March 2016 Music: Rinse & Repeat (feat. Kah-Lo) - Riton

Intro: 32 counts from beginning of the track

Note: Restart on wall 6 after 8 counts

[1-8]□KICK BALL STEP, KICK STEP TOUCH, BEHIND SIDE CROSS, SIDE TOUCH

- Kick RF forward, Step RF next to LF, Touch LF Diag back L 1&2
- 3&4 Kick LF forward, Step LF next to RF, Touch RF Diag back R
- 5&6 Step RF behind LF, Step LF to L, Cross RF in front of LF
- Step LF to L, Touch RF next to LF 7.8
- Restart here on wall 6

[9-16]□FULL CIRCLE WALK, 2 X HIP BUMPS R&L

- 1,2,3,4 Walk in a full circle turning over R shoulder R-L-R-L
- 5&6 Touch RF diag forward while moving hips to R, Recover hips to centre, Step forward on RF
- Touch LF diag forward while moving hips to L, Recover hips to centre, Step forward on LF 7&8

[17-24] 1/2 TURN JAZZ BOX, HITCH & SIDE, DUCK & DIVE

- Cross RF in front of LF, Step LF back making a ¼ turn over R shoulder, Step RF to R, Step 1,2,3,4 LF forward while making a 1/4 turn to R
- 5&6 Hitch R knee up, Touch R toe back, Turn ¼ R taking weight on RF
- 7.8 Push shoulders and upper body to R, Push shoulders and upper body to left

[25-32]□TOUCH, TOUCH, SAILOR STEP, TOUCH BACK UNWIND, STEP R SIDE, STEP L SIDE

- Touch RF fwd to diagonal L, Touch RF to R 1,2
- 3&4 Step RF behind LF, Step LF to L, Step RF to R
- 5,6,7,8 Touch L toe back, Unwind 1/2 turn L taking weight on LF, Step RF to R, Step L to L

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Wall: 4