Night Train

Count: 64

Level: Improver / Intermediate

Choreographer: John Sandham (ES) - March 2016

Music: Lay Down Sally (Asleep the Wheel)

Faster music: You Belong To Me (Bryan Adams)

Sec 1: Lt side-forward-H-Rt side-Back-H.

- 1-2 step left foot to side. Slide right foot beside left.
- 3-4 step forward on left foot. Hold.
- 5-6 step right foot to right side. Slide left beside right.
- 7-8 step back on right foot. Hold.

Sec 2: 1/4 It side-forward-H-Rt side-back-H.

- 1-2 ¹/₄ turn left stepping left to side. Slide right foot beside left.
- 3-4 step forward on left foot. Hold.
- 5-6 step right foot to right side. Slide left foot beside right.
- 7-8 step back on right foot. Hold.

Sec 3: Lt side-Tog-side-H-Behind-side-cross-turn.

- 1-2 step left foot to side. Slide right beside left.
- 3-4 step left foot to the side. Hold
- 5-6 cross right foot behind left. Step left foot to side.
- 7-8 cross right foot over left. Make a ¹/₄ turn right (keeping It in the air)

Sec 4: Lt step-slide-step-H- Rt step-slide-step-H.

- step forward on left. slide right behind left. step forward on left. Hold 1-4
- 5-8 Repeat on Right foot

Sec 5: Rock-Rec-turn-H- turn-turn-H

- rock forward on left foot. Recover back on right. 1-2
- 3-4 make a $\frac{1}{2}$ turn to left stepping forward on left. Hold.
- 5-8 make a ¹/₂ turn to left stepping on right. left. right. Hold.

Sec 6: Behind-side-cross-H- slide -2-3-H.

- cross Left foot behind right. step right foot to side. 1-2
- 3-4 cross left foot over right. Hold.
- 5-8 big step to Right side on right foot. Slide Left beside right. Hold.

Sec 7: Slow turn Left. 1/2-1/2-Touch & H

- 1-2 on the SLOW steps make 1/4 to left stepping forward on left foot.
- 3-4 make a ¹/₂ turn to Left stepping back on right foot.
- 5-6 make a ¹/₂ turn to left. Stepping forward on left foot.
- 7-8 touch right foot next to left. Hold.

Sec 8: Slide back -2 -3-H- Hips-2-3-4.

- long step back on right to right Diagonal. Slide left back to right. Hold, 1-4
- 5-8 stepping left to side push hips left-right-left-right.

Start over !

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