# Get Up & Try!



Count: 32 Wall: 4 Level: Beginner

Choreographer: Ann-Kristin Sandberg (NOR) - April 2016

Music: Try Everything - Shakira: (iTunes)



Start dancing after 32 counts on vocal (I messed up the) night.

## SIDE-TOGETHER-SIDE RECOVER-TOGETHER-SIDE-TOGETHER-SIDE RECOVER-TOGETHER

1-2 Step R to R side, Step L next to T

3&4 Step R to R side, Recover onto L, Step R next to L

5-6 Step L to L side, Step R next to L

7&8 Step L to L side, Recover onto R, Step L next R

## WALK x2-SHUFFLE-STEP-PIVOT ½ TURN R-SHUFFLE

1-2 Step R forw, Step L forw

3&4 Step R forw, Step L next to R, Step R forw

5-6 Step L forw, Pivot ½ turn R (06)

7&8 Step L forw, Step R next to L, Step L forw

(OPTIONS ARMS: on count 3&: Raise both arms with palms up..up & forward

On count 4: Move both fists to your chest)

#### SIDE RECOVER-CROSS SHUFFLE-SIDE RECOVER-CROSS SHUFFLE

1-2 Step R to R side, Recover onto L

3&4 Cross R over L, Step L to L side, Cross R over L

5-6 Step L to L side, Recover onto R

7&8 Cross L over R, Step R to R side, Cross L over R

#### 1/4 TURN R-STEP-1/4 TURN SHUFFLE R-STEP-1/4 TURN R-SHUFFLE

1-2 ½ turn stepping R forw, Step L forw (09)

3&4 ¼ turn R stepping R forw, Step L next to R, Step R forw (12)

5-6 Step L forw, ¼ turn R stepping R forw (03) 7&8 Step L forw, Step R next to L, Step L forw

### **ENJOY!**